

Tigerlily

拍數: 64 牆數: 2 級數: Improver
編舞者: Heidi Cronjé (SA) - March 2021
音樂: Tigerlily - La Roux



Intro: 32 counts

SECTION 1: WALK, HOLD, WALK, HOLD, FWD, ½ L, FWD, HOLD (06:00)

1-4 Walk R fwd, Hold, Walk L fwd, Hold
5-8 Step R fwd, Turn ½ L and step L fwd, Step R fwd, Hold

SECTION 2: WALK, HOLD, WALK, HOLD, FWD, ½ R, FWD, HOLD (12:00)

1-4 Walk L fwd, Hold, Walk R fwd, Hold
5-8 Step L fwd, Turn ½ R and step R fwd, Step L fwd, Hold

SECTION 3: CIRCLE CLOCKWISE, FWD MAMBO, HOLD (12:00)

1-4 Do slow circle clockwise (4 counts) with R

Restart during Walls 3 & 6 (facing 12:00)

5-8 Rock R fwd, Recover L, Step R slightly back, Hold

SECTION 4: ROCK, HOLD, RECOVER, HOLD, FWD LOCK STEP, HOLD (12:00)

1-4 Rock L back, Hold, Recover R, Hold
5-8 Step L fwd, Lock R behind L, Step L fwd, Hold

SECTION 5: SIDE ROCK, CROSS, HOLD, SIDE ROCK, CROSS, HOLD (12:00)

1-4 Rock R side, Recover L, Cross R over L, Hold
5-8 Rock L side, Recover R, Cross L over R, Hold

SECTION 6: RUMBA BOX WITH HOLDS (12:00)

1-4 Step R side, Step L together, Step R fwd, Hold
5-8 Step L side, Step R together, Step L back, Hold

SECTION 7: BACK, HOLD, BACK, HOLD, ¼ R COASTER STEP, HOLD (03:00)

1-4 Walk R back, Hold, Walk L back, Hold
5-8 Turn ¼ R and Sweep R back, Step L together, Step R fwd, Hold

SECTION 8: FWD, HOLD, ¼ R, HOLD, JAZZ BOX WITH HOLD (06:00)

1-4 Step L fwd, Hold, Turn ¼ R and recover R, Hold
5-8 Sweep and Cross L over R, Step R back, Step L together, Hold

Start Again. Have fun and Enjoy!

Note: Easier option for Sections 1 & 2 (omit ½ turns)

Section 1: WALK FWD WITH HOLDS X2, MAMBO STEP (12:00)

1-4 Walk R fwd, Hold, Walk L fwd
5-8 Rock R fwd, Recover L, Step R slightly back, Hold

Section 2: WALK BACK WITH HOLDS X 2, MAMBO STEP (12:00)

1-4 Walk L back, Hold, Walk R back, Hold
5-8 Rock L back, Recover R, Step L slightly fwd

Restarts (facing 12:00):

During Wall 3 & 6, section 3, after count 4

Tag (8 counts):

After Wall 7 (facing 06:00)

Sway R (over 2 counts), Sway L (over 2 counts); Drag R towards L and slightly fwd (over 4 counts)

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