Feelin' Them Good Vibes

級數: Improver

編舞者: Jen Michele (USA) - March 2021

牆數: 4

音樂: Good Vibes - Chris Janson

2 easy Restarts on walls 3 and 4

Dance starts after 8 counts from downbeat

SAILOR STEP, BEHIND-SIDE-CROSS, POINT AND POINT AND, TAP, TAP, KICK

1&2 slightly on the diagonal step right behind the left, left next to right, right forward

- 3&4 step left behind the right, step right to the right side, step left over the right
- 5&6& point right to side, step right next to left, point left to side, step left next to right
- 7&8 tap right heel twice, kick right foot forward
- *RESTART HERE ON WALL 3*

COASTER STEP, SWIVEL LEFT, JAZZ SQUARE

- 1&2 step right back, step left next to right, step right slightly forward
- 3&4 swivel heels left, toes left, heels left (you will travel a bit left here)
- 5-6 cross right over left, step back on left
- 7-8 step right to side, lightly stomp left next to right
- *RESTART HERE ON WALL 4*

ROCK, RECOVER, BEHIND-SIDE-CROSS, ROCK, RECOVER, ¼ TURNING CROSS SHUFFLE

- 1-2 rock to side on the left, recover weight on the right
- 3&4 step left behind the right, step right to right side, cross left over the right
- 5-6 rock to side on the right, recover weight on the left
- 7&8 cross right over the left while turning ¼ left, slightly step on left and step on the right

1/2 TURNING RIGHT SHUFFLE, 1/2 TURNING RIGHT SHUFFLE, SHUFFLE FORWARD, ROCK, RECOVER

- 1&2 making a ¹/₂ turn to the right shuffle back left, right, left
- 3&4 making another 1/2 turn to the right shuffle right, left, right
- 5&6 shuffle forward left, right, left
- 7-8 rock forward on right, recover back on the left

Don't go too fast! This is meant to be a chill, drink in your hand, no worries dance!!! Good Vibes Only!

Happy Dancing!!!

Email Jen Michele with any questions: mamarogers82@gmail.com





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