

I'll Take The Bus

拍數: 48 牆數: 2 級數: Improver
編舞者: Rex Allott (UK) - March 2021
音樂: You're Crazy For Taking the Bus - Jonathan Richman



Intro - 2 counts

S1. Walk fwd x 4, heel lift 1/2 turn R, L mambo step

1-4. Walk forward R, L, R, L
5-6. Step R in front of L & lifting heels make 1/2 turn R
7&8. Step L forward, step R next to L, step L back

S2. Side steps R, L, heel lift 1/2 turn R, L coaster step

1&2. Step R out R, moving weight to R, move weight back to L, step R next to L
3&4. Step L out L, moving weight to L, move weight back to R, step L next to R
5-6. Step R in front of L & lifting heels make 1/2 turn R
7&8. Step L back, step R next L, step L forward

S3. Sailor steps R, L, heel lift 1/2 turn R, walk back x 3

1&2. Step R behind L, step L fwd, step R next to L
3&4. Step L behind R, step R fwd, step L next to R
5-6. Step R in front of L & lifting heels make 1/2 turn R
7&8. Walk L back, walk R back, step L next to R

S4. Quick steps R, fwd, back, quick steps L, fwd, back

1&2&. Step R to R, step L next to R, step R fwd, step L next to R
3&4&. Step R back, step L next to R, step L to L, step R next to L
5&6&. Step L to L, step R next to L, step L fwd, step R next to L
7&8&. Step L back, step R next to L, step R to R, step L next to R

S5. R, L lock step fwd, heel lift 1/2 turn R, L mambo step

1&2. Step R fwd, step L behind R, step R fwd
3&4. Step L fwd, step R behind L, step L fwd
5-6. Step R in front of L & lifting heels make 1/2 turn R
7&8. Step L fwd, step R next to L, step L back

S6. V step, heel lift 1/2 turn R, walk back x 3

1-2. Step R diagonally fwd R, step L diagonally fwd L
3-4. Step R diagonally back L, step L next to R
5-6. Step R in front of L & lifting heels make 1/2 turn R
7&8. Walk L back, walk R back, step L next to R

NB. Dance this to the studio version of the song , NOT the live one, which doesn't work.

Last Update - 31 March 2021