Monument

拍數: 32

級數: Improver

編舞者: Mette Mørk (NOR) - March 2021 音樂: MONUMENT - KEiiNO

Intro: 16 counts

Tag on wall 5 (16), Bridge after wall 7

Chasse right, rock back, chasse left, rock back 1&2 Step RF to R side, Step LF beside R, Step RF to R side 3-4 Rock LF back, Recover to RF 5&6 Step LF to L side, Step RF beside L, Step LF to L side 7-8 Rock RF back, Recover to LF Shuffle forward, 1/2 turn R, step back, coaster step, heel grind 1&2 Step RF fwd, Step LF beside R, Step RF fwd 3-4 Turn 1/2 R, step LF back, Step RF back 5&6 Step back on LF, Step RF beside L, Step LF fwd) 7-8 Step right heel forward twist (toes turned in), Recover to left (toes turned out) Sailor 1/4 turn R, rock recover forward, shuffle 1/2 turn L, side touch 1&2 Cross RF behind LF while making a ¼ R turn. Step LF to L side. Step RF fwd) (9.00) 3-4 Rock LF fwd, Recover to RF 5&6 Step LF to side 1/4 L, Step RF beside LF while turning 1/4 step L (3.00) 7-8 RF to side. Touch LF beside RF Shuffle forward, rock forward recover, shuffle back, side touch 1&2 Step Lf fwd, Step RF beside, Step LF fwd 3-4 Rock RF fwd, Recover to LF 5&6 Step RF back, LF beside, Step RF back 7-8 Step LF to side, Touch RF beside L Tag: wall 5 after 16 counts Forward touch, side touch ¼ turn, forward touch, side touch ¼ turn 1-2 Step Rf Fwd, Touch Lf beside 3-4 Step LF to side while turning 1/4 L, Touch RF beside 5-6 Step Rf Fwd, Touch LF beside 7-8 Step LF to side while turning 1/4 L, Touch RF beside Rock to side, Rock forward Rock RF to side, Recover to LF 1-2 3-4 Rock RF fwd, Recover to LF Rock RF to side, Recover to LF 5-6 7-8 Rock RF fwd, Recover to LF RESTART

Bridge after wall 7 (32 counts)

Walk fwd and kick, Walk back an touch, wine to Right, wine to left

- 1-4 Step RF fwd, Step Lf fwd, Step RF fwd, Kick with LF
- 5-8 Step LF back, Step RF back, Step LF back, Touch RF beside R
- 1-4 Step RF to side, Step LF behind R, Step RF to side, Touch LF beside RF





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牆數:4

5-8	Step LF to Side, Step RF behind L, Step LF to side, Touch RF beside LF
1-4	Step RF fwd, Step Lf fwd, Step RF fwd, Kick with LF
5-8	Step LF back, Step RF back, Step LF back, Touch RF beside right
1-4	Step RF to side, Step LF behind Right, Step RF to side, Touch LF beside RF
5-8	Step LF to Side, Step RF behind Left, Step LF to side, Touch RF beside LF
RESTART	