Growing Up for Thomas

級數: Improver

編舞者: Susanne Oates (UK) - March 2021

音樂: Growing Up - Thomas Rhett

#16 Count intro. Available on Amazon.

拍數: 48

Forward. Tap. Back. Back Shuffle, Coaster. Kick. Ball. Step.

- 1 & 2 Step right forward. Tap left behind right. Step left back.
- 3 & 4 Step right back. Step left beside right. Step right back.
- 5 & 6 Step left back. Step right beside left. Step left forward.
- 7 & 8 Kick right forward. Step ball of right beside left. Step left forward.

Samba Step x2. Kick. Ball. Step. Pivot ¼ Left Turn.

- 9&10 Cross right over left. Step left to side. Step right diagonally forward.
- 11&12 Cross left over right. Step right to side. Step left diagonally forward.
- 13&14 Kick right forward. Step ball of right beside left. Step left forward.
- 15 16 Step forward on right. Pivot ¼ left turn, taking weight on left. (9o'clock)

Cross Shuffle. Side Rock. Behind. ¼ Right Turn. Step. Forward Shuffle.

- 17&18 Step right across left. Step left to side. Step right across left.
- 19 20 Rock left to side. Recover onto right.
- 21&22 Step left behind right. 1/4 right turn, stepping right forward. Step left forward.
- 23&24 Step right forward. Step left beside right. Step right forward.

Pivot ¼ Right Turn. Cross Shuffle. Side. Behind. Heel. Ball. Cross.

- 25 26 Step left forward. Pivot 1/4 right turn, taking weight onto right. (3o'clock)
- 27&28 Step left across right. Step right to side. Step left across right.
- 29 30 Step right to side. Step left behind right.
- 31&32 Touch right heel to right diagonal. Step ball of right beside left. Step left across right.

Rock ¼ Left Turn. Forward Shuffle. Full Turn Right (or walk 2). Forward Shuffle.

- 33 34 Rock right to side. Turn ¼ left, taking weight onto left. (12o'clock)
- 35&36 Step right forward. Step left beside right. Step right forward.
- 37 38 Turn 1/2 right, stepping back on left. Turn 1/2 right, stepping right forward.

(Easier: Walk Left, Right.)

39&40 Step left forward. Step right beside left. Step left forward.

Step. Hitch. Coaster. Pivot 1/2 Left. Walk. Walk.

- 41 42 Step right forward. Hitch left knee.
- 43&44 Step back on left. Step right beside left. Step left forward.
- 45 46 Step right forward. Pivot ½ left, taking weight on left. (6o'clock)
- 47 48 Walk forward right. Walk forward left.

START AGAIN





牆數:2