

Roses

拍數: 32 牆數: 4 級數: Improver
編舞者: Hiroko Carlsson (AUS) - March 2021
音樂: Roses - The Band CAMINO



(Dance starts on lyrics)

[S1] Sway-Sway, Side Shuffle, Sway-Sway, Side Shuffle

1 2 Stepping R to the side and sway to the right, Sway to the left
3&4 Side shuffle to the right on R-L-R
5 6 Stepping L to the side and sway to the left, Sway to the right
7&8 Side shuffle to the left on L-R-L**

Optional: add body rolls when you sway -

[S2] Step-Pivot 1/4L, Vaudevilles, Step-Pivot 1/4L

1 2 Step forward on R, Make a ¼ turn left recover weight on L
3&4& Cross/step R over L, Step L to the left, Touch R heel at right diagonal, Step R beside L
5&6& Cross/step L over R, Step R to the left, Touch L heel at left diagonal, Step L beside R
7 8 Step forward on R, Make a ¼ turn left recover weight on L*** (6:00)

[S3] Fwd Rock, 1/4R Side Shuffle, Step-Pivot 1/2R, Side Shuffle

1 2 Rock forward on R, Recover weight on L
3&4 Make a ¼ turn right stepping R to the right, Step L next to R, Step R to the side (9:00)
5 6 Step forward on L, Make a ½ turn right recover weight on R (3:00)
7&8 Side shuffle to the left on L-R-L

[S4] 2x Sailor Step, Step-Pivot 1/2L, Heel Switches

1&2 Step R behind L, Step L beside R, Step R to the side
3&4 Step L behind R, Step R beside L, Step L to the side
5 6 Step forward on R, Make a ½ turn left recover weight on L (9:00)
7&8& Touch R heel forward, Step R together, Touch L heel forward, Step L together

Restart: On Wall 2 count 8** (9:00), Wall 4 count 16*** (12:00) and Wall 8 count 16*** (9:00)

Ending suggestion: The dance finishes at 3:00, Step-1/4L Paddle Turn to the front.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 17/Mar/21)