

Swanee River Rock

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Val Saari (CAN) - March 2021
音樂: Swanee River Rock (Talkin' 'Bout That River) - Ray Charles



Intro: Begin on the word "Way"

HEEL-FANS X 4, RRLL

1-2 RF fan heel right, left
3-4 RF fan heel right, left
5-6 LF fan heel left, right
7-8 LF fan heel left, right

TRAVELLING SWIVELS, RL

1-4 Swivel both heels to right, both toes to right
3-4 Swivel both heels to right (optional clap or finger snaps)
5-6 Swivel both heels to left, both toes to left
7-8 Swivel both heels to left (optional clap or finger snaps)

HEEL STRUTS FWD, RLRL

1-2 Step RF forward Heel-Toe
3-4 Step LF heel forward Heel-Toe
5-6 Step RF forward Heel-Toe
7-8 Step LF heel forward Heel-Toe

BACK TOUCHES RL, MONTEREY 1/4 TURN R, POINT L/TOGETHER

1-2 Step RF back, Touch LF toes beside R (optional shoulder shimmies)
3-4 Step LF back, Touch RF toes beside L (optional shoulder shimmies)
5-6 Point RF toes to right side, 1/4 turn right step RF together
7-8 Point LF to L side, Step LF beside R

REPEAT

Styling ideas:

For the heel fans, raise the heel a little more than usual so it has a bit of a bounce

On the heel struts forward, place hands in "penguin" position, lean to the side of the leading foot...

Have FUN!

No tags, no restarts

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