

Paddy's Fling

COPPER KNOB
BY STEVE RUTTER

拍數: 32 牆數: 4 級數: Improver
編舞者: Steve Rutter (UK) - March 2021
音樂: Gaelic Fling - Andy Lock : (Album: Essential Irish Dancing Music Compilation)



4 Count Intro' - 2 Secs

Note: Choreographed To Mark St Patrick's Day 2021 □

Section 1 - Walk Forward, Step Apart, Step Back, Coaster Cross, Weave.

- 1-2 Step forward on Right, step forward on left.
- &3 Step right forward and out to right side, step left forward and out to left side.
- 4 step back on right.
- 5&6 Step back on left, step right beside left, cross left over right.
- &7 Step right to right side, Cross left behind right.
- &8 Step right to right side, Cross left over right. (12 O'Clock)

Section 2 - Side Rock, Sailor ½ Turn Right, Scuff, Hook, Heel Switches, Toe Touch.

- 1-2 Rock right to right side, recover weight onto left.
- 3&4 Cross right behind left, make a half turn right taking weight onto left, replace weight onto right.
- 5&6 Scuff left forward, hook left in front of right shin, touch left heel forward.
- &7 Step down on left, touch right heel forward.
- &8 Step down on right, touch left toe to left side. (6 O'Clock)

Section 3 - Modified Sailor ¼ Turn Left into Heel Switches, Toe Touch, Weave, Side Rock.

- 1&2 Cross left behind right, make a quarter turn left taking weight onto right, touch left heel forward.
- &3 Step down on left, touch right heel forward.
- &4 Step down on right, touch left toe to left side.
- 5&6 Cross left behind right, step right to right side, Cross left over right.
- 7-8 Rock right to right side, recover weight onto left. (3 O'Clock)

Section 4 - Weave, Hinge ½ Turn Right, Close, Side Rock, Close, Heel Split.

- 1&2 Cross right behind left, step left to left side, Cross right over left.
- 3-4 Make a quarter turn right stepping back on left, make a quarter turn right stepping right to right side.
- & Close left beside right.
- 5-6 Rock right to right side, recover on left.
- 7 Step right just slightly forward of left (so that right heel is next to left toe).
- &8 Split heels apart, close heels together.(9 O'Clock)

Begin Again & Enjoy!

E-Mail: nulinedancewithsteveandclaire@gmail.com