

La Colegiala

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
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音樂: La Colegiala - Salsaloco de Cuba



Intro 18 count - Tag 2 count after wall 5,8,11

I. FORWARD MAMBO, BACKWARD MAMBO, LOCK SHUFFLE FORWARD, FORWARD, ½ TURN R, ½ TURN R BACKWARD

1 & 2 Rock Rf forward, Recover on Lf, Step back on Rf
3 & 4 Rock back on Lf, Recover on Rf, Step Lf forward
5 & 6 Step Rf forward, Step L behind Rf, Step Rf forward
7 & 8 Step Lf forward, ½ turn R step R forward, ½ turn R step back on Lf

II. SIDE MAMBO R-L, SIDE VOLTA

1 & 2 Rock Rf to right side, Recover on Lf, Step Rf beside Lf
3 & 4 Rock Lf to left side, Recover on Rf, Step Lf beside Rf
5&6& Step Rf to right side, Step Lf beside Rf, Step Rf to right side, Step Lf beside Rf
7&8 Step Rf to right side, Step Lf beside Rf, Step Rf to right side

III. ¼ TURN L, ½ TURN L, BACK, TOE TOUCH, TOE TOUCH, BOTAFOGO

1 - 2 ¼ turn L step Lf forward, ½ turn L step back on Rf
3 - 4 Step back on Lf, Touch R toe to right side
5 - 6 Touch R toe cross over Lf, Touch R toe to right side
7 & 8 Cross Rf over Lf, Rock Lf to left side, Recover on Rf

IV. TOE TOUCH, BOTAFOGO, FORWARD, TOE TOUCH, HOLD, ½ TURN L TRIPLE STEP

1 - 2 Touch L toe cross over Rf, Touch L toe to left side
3 & 4 Cross Lf over Rf, Rock Rf to right side, Recover on Lf
&5-6 Step Rf forward, Touch L toe behind Rf, Hold
(count 6 : do clap twice or free arm style)
7 & 8 1/8 turn L Step Lf forward, Step Rf beside Lf, 3/8 turn L step Lf forward

Tag 2 count :

1. Touch R toe to right side and put both hands on hips, head to the left
2. Straight up the right arm , head back to the centre

Enjoy Dancing !