Say GoodBye



拍數: 32 編數: Absolute Beginner

編舞者: Diane Capron (USA) - March 2021

音樂: Goodbye - Who Is Fancy

Intro: 40 counts - Start on Vocals

See below for option for 4 walls

SECTION 1: STEP TOGETHER STEP TOUCH, x2

Step R to side, Step L beside R, Step R to side, Touch L beside R
Step L to side, Step R beside L, Step L to side, Touch R beside L

SECTION 2: ROCKING CHAIR, x2

1-4 Rock Fwd on R, Recover on L, Rock Back on R, Recover on L
5-8 Rock Fwd on R, Recover on L, Rock Back on R, Recover on L

SECTION 3: WALK FWD x3, KICK, WALK BACK x3, TOUCH

1-4 Walk Fwd R, L, R, Kick L5-8 Walk Back L, R, L, Touch R

SECTION 4: SIDE TOUCH x4

Step R to side, Touch L beside R, Step L to side, Touch R beside L
Step R to side, Touch L beside R, Step L to side, Touch R beside L

Repeat

** 4 wall option - modify last 4 counts of dance (turning clockwise)

SECTION 4: SIDE TOUCH x2, 1/4 TURN R SIDE TOUCH, SIDE TOUCH

1-4 Step R to side, Touch L beside R, Step L to side, Touch R beside L

5-8 ½ turn R stepping on R, Touch L beside R, Step L to side, Touch R beside L (3:00)

This absolute beginner line dance teaches four basic line dance moves and can have anyone age 5 to 85 doing an actual line dance in a matter of minutes. As dancers advance, you can make modifications such as changing it to a 4-wall dance, adding Cuban hips to the step-togethers, add a clap to the kick, put a sway in the rocking chair, and adding some funk to the step touches. Enjoy!

Updated 8/12/21

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SAY GOODBYE CONTRA STYLE

Dancers stand in 2 parallel lines facing a partner SECTION 1: STEP TOGETHER STEP TOUCH, x2

SECTION 2: ROCKING CHAIR giving your partner a high five, x2 SECTION 3: WALK FWD x3, KICK/CLAP, WALK BACK x3, TOUCH

SECTION 4: DO-SI-DO, SIDE TOUCHES x2

1-4 Lock elbows with your partner, walk ½ turn

5-8 Step R to side, Touch L beside R, Step L to side, Touch R beside L

Updated 4/8/24

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