

Planting Flowers

拍數: 32 牆數: 4 級數: Improver
編舞者: Susan Garrett (AUS) - July 2020
音樂: Planting Flowers - The Wrights



Intro: 16 Beats, commence on word 'roses'

S1: R Rock forward, Rock Back, R Triple Step, L Rock back, Rock Forward, L Triple Step

1, 2 Step R forward, Rock back on L
3 & 4 Step R back slightly, Step L beside right, Step R back slightly (R Triple Step)
5, 6 Step L back, Rock forward on R,
7 & 8 Step L forward slightly, Step R together, Step L forward slightly (L Triple Step)

S2: Hip Sways Right & Left, Triple ½ turn Right, Rock Forward, Rock Back, L Triple Step

1, 2 Rock R to side swaying hips to Right, Rock over to Left, swaying hips Left
3 & 4 ½ turn Right stepping R in place, step L beside R, step R together (R Triple Step)
5, 6 Rock forward on Left, Rock back on Right
7 & 8 Step L beside right, Step R together, Step L together, (L Triple Step)

****Restart Wall 9**

S3: R Rock Back, Rock Forward on L, R Lock Shuffle forward 45° Right, L Lock step 45° Left, L Lock Shuffle forward 45° Left

1, 2 Rock R back and forward on L
3 & 4 Step R forward 45° to Right, Lock L behind R, Step R forward (R Lock Shuffle fwd 45° to Right)
5, 6 Step L forward 45° to Left, Lock R behind L
7 & 8 Step L forward 45° to Left, Lock R behind L, Step L forward (L Lock Shuffle fwd 45° to Left)

S4: R Side, L Cross behind, ¼ Right Shuffle forward, L forward ½ Pivot Right, L Shuffle forward

1, 2 Straightening up to 6 o'clock Step R to side, Cross L behind R
3 & 4 ¼ turn Right step R forward, Step L beside right, Step R forward (R Shuffle)
5, 6 Step L forward, Pivot ½ turn Right stepping onto R
7 & 8 Step L forward, step R beside L, step L forward (L Shuffle)

****RESTART: Wall 9 dance to count 16 then restart facing 6 o'clock**

Free to be copied provided no changes are made to the original choreography.
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