

Puppet on a String

拍數: 92 牆數: 2 級數: Phrased Easy Intermediate
編舞者: HP Low (UK) & Babs Low (UK) - March 2021
音樂: Puppet on a String - Sandie Shaw : (1967)



Dance sequence A-B-A-B-A-A, then final END TAG- 6 counts and puppet pose

Section A - 40 counts, Section B -52 counts

(intro 16 counts, start on vocals)

Section A1: Walk walk shuffle fwd RLR, walk walk shuffle fwd LRL

1-4 Step fwd on R, step fwd on L, Step fwd on R, close L to R, Step Fwd on R
5-8 Step fwd on L, step fwd on R, Step fwd on L, close R to L, Step Fwd on L

Section A2: Side Mambos, walk back R, L, Shuffle back RLR

1&2 Step R to R, recover to L, step R next to L
3&4 Step L to L, recover to R, step L next to R
5-6 Step back on R, step back on L,
7&8 Step back on R, close L to R, Step back on R

Section A3: Side Mambos, rock back, recover, shuffle fwd LRL

1&2 Step L to L, recover to R, step L next to R
3&4 Step R to R, recover to L, step R next to L
5-6 Rock L ft back, recover to R
7&8 Step fwd on L, close R to L, Step Fwd on L

Section A4: Weave to Left, cross rock shuffle ½ turn to R

1-4 Cross R over L, step L to L, Step R behind L, Step L to L
5-6 Cross R over L, recover to L
7&8 Step R to R with ¼ turn, Step L behind R, Step R fwd with ¼ turn (6.00)

Section A5: Vine (4)to Left, side rock, recover, crossing shuffle LRL

1-4 Step L to L, Step R behind L, Step L to L, cross R over L
5-6 Rock L to L, recover to R
7&8 Cross L over R, close R to L, cross L over R

Section B1 - Rocking Chair, step ½ turn, step ½ turn

1-4 Rock R fwd, recover to L, Rock R backwards, recover to L
5-8 Step R fwd, pivot ½ turn to L, Step R fwd. pivot ½ turn to L (6.00)

Section B2 - Cross point x2, sailor step, sailor step ¼ turn to L

1-4 Cross R over L, touch L to L, Cross L over R, touch R to R
5&6 Sweep back and step on R ft, step L next to R, step R next to L
7&8 Sweep back, making a ¼ turn to L and step on L ft, step R next to L, step L next to R (3.00)

Section B3 - Scissors step x2,

1-4 Step R to R, close L next to R, cross R over L HOLD
5-8 Step L to L, close R next to L, cross L over R HOLD

Section B4 - Step ¼ turns X 2, jazz box

1-4 Step R fwd ¼ turn L (weight on L), Step R fwd ¼ turn L (weight on L)(9.00)
5-8 Cross R over L, Step L back, Step R to R, step L next to R

Section B5 - Rumba box with HOLDS

1-4 Step R to R, step L next to R, Step R fwd HOLD
5-8 Step L to L Step R next to L, Step L back HOLD

Section B6 - Reverse rocking chair with ¼ turn to L, Zig zag steps back with claps

1-4 Step R ft back, recover to L, step R ft fwd with ¼ turn to L, recover to L (6.00)
5-6 Step R diagonally back, Touch L next to R (clap)
7-8 Step L diagonally back, Touch R next to L (clap)
9-10 Step R diagonally back, Touch L next to R (clap)
11-12 Step L diagonally back, Touch R next to L (clap)

END TAG puppet pose 12.00 (end of dance)

1-4, Step R, kick L across, Step L kick R across,
&5-6 Step on R (&), cross L over (5), pose (6)

Last Update - 12 April 2021-R2
