

Move Your Feet

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Improver
編舞者: Roger Neff (USA) - March 2021
音樂: Anyway the Wind Blows - Brother Phelps



Thanks to Lola Miller for suggesting the steps for the long introduction. SEE BELOW.

Intro: 64 counts (Start on vocals).

Restart after 32 counts on wall 5. You will be facing 3:00 for the restart.

[1-8] R SIDE ROCK CROSS, HOLD, L SIDE ROCK CROSS, HOLD

1-2-3-4 Rock to R, Recover, Cross R over L, Hold

5-6-7-8 Rock to L, Recover, Cross L over R, Hold

[9-16] POINT TO R, ¼ R TURN WITH WEIGHT ON RF, SIDE ROCK, CROSS & CROSS

1-2-3-4 Point R toe to side, Turn ¼ to R with weight on RF, L Side Rock, Recover

5-6-7-8 Cross L over R, Step to R, Cross L over R, Hold

[17-24] STOMP RF, SWIVEL L HEEL-TOE-HEEL, STOMP LF, SWIVEL R HEEL-TOE-HEEL

1-2-3-4 Stomp on RF slightly forward, Swivel L heel-toe-heel to RF

5-6-7-8 Stomp on LF slightly forward, Swivel R heel-toe-heel to LF

[25-32] STEP OUT-OUT, IN-IN, FAN R TOE, FAN L TOE

1-2-3-4 Step out on RF, Step out on LF, Step back home on RF and on LF

5-6-7-8 Fan R toe out-in, Fan L toe out-in

RESTART here on Wall 5. You will be facing 3:00 for the restart.

[33-40] SIDE TOGETHER SIDE, PIVOT ½ TO L SIDE TOGETHER SIDE

1-2-3-4 Step to R, Close L, Step to R, Hold

5-6-7-8 Pivot ½ to L stepping to L, Close R, Step to L, Hold

[41-48] R ROCKING CHAIR, WEAVE TO R

1-2-3-4 Rock fwd on RF, Recover, Rock back on RF, Recover

5-6-7-8 Step to R, Cross L behind R, Step to R, Cross L over R

RESTART: On wall 5 restart the dance after 32 counts.

Wall 5 begins facing 12:00 and the restart begins facing 3:00. To end the dance facing 12:00, dance up through count 48.

INTRODUCTION

1-8 R and L heel struts forward, Rocking chair

9-16 Side-Together-Side to the R, Hold, ¼ L Side-Together-Side, Hold

REPEAT THIS 16 COUNT PATTERN 4 TIMES AND YOU WILL BE BACK FACING THE FRONT WALL READY TO BEGIN THE DANCE.

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