

# The Same Boat

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Low Intermediate  
編舞者: Frank Heelan (IRE) - March 2021  
音樂: Same Boat - Albin Lee Meldau



---

## Sec 1: Side, rock recover, side, coaster step, step turn step, run, run, lunge.

- 1-2&3      Step right to right, rock left behind, recover to right, step left to left.
- 4&5      Step back on right, left together, forward right.
- 6&7      Step forward on left, pivot 3/8 right, (weight to right) step forward on left. (4.30)
- 8&1      Run forward right, left, lunge forward on right. (4.30)

## Sec 2: Run, run, run, sailor ¼ rights, step lock step, rock recover, back.

- 2&3      Run back left, right, left.
- 4&5      Turn ¼ right, sweeping right behind left, step left to left, step forward right, (7.30)
- 6&7      Step forward left, lock right behind, step forward left.
- 8&1      Rock forward on right, recover to left, step back on right. (7.30)

## Sec 3: Side rock, recover, cross, recover side cross, side turn, step, turn, turn, step.

- 2&3      Turn 1/8 left (6.00) rocking left to left, recover to right, press left over right turning body to Right diagonal.
- 4&5      recover to right, step left to left, press right over left, turning body to left diagonal.
- 6&7      Step left to left, recover to right turning ¼ rights, step forward left. (9.00)
- 8&1      Turn ½ left stepping back on right, turn ½ left stepping forward left, step forward right. (9.00)

## Sec 4: Rock recover, step back, side rock, behind, side rock, behind, rock back recover.

- 2&3      Rock forward on left, recover to right, step back on left.
- 4&5      Rock right out to right, recover to left, step right behind.
- 6&7      Rock left out to left, recover to right, step left behind. (9.00)
- 8&      Rock back on right, recover to left. (Turn ¼ left to face 6.00 and start again on 1)

Contact: [heelanjohnl@gmail.com](mailto:heelanjohnl@gmail.com)

---