

Fabulous

COPPER KNOB
BY STEPHEN HETS

拍數: 64
編舞者: Kerry Maus (USA) - March 2021
音樂: Fabulous - C.U.T.

牆數: 2

級數: Phrased Intermediate



32 count intro - Sequence: ABB CC ABB CC CCA

This phrasing looks like a lot, but part B is 16 counts, and part C is only 8 counts!

PART A: 32 COUNTS

[1-8] CROSS, SIDE, TOUCH, SIDE, BEHIND, SIDE, CROSS, KNEE POP, ¼ PRESS AND POINT

1, 2&3 1) Cross L over R, 2) step R to right, &) touch L beside R, 3) step L to left
4&5 4) Cross R behind L, &) step L to left, 5) cross R over L
&6 (&) Pop knees by lifting heels off the floor, 6) return heels to floor, weight to R
7, 8&1 7) Press L to left, 8) make a ¼ turn left, recover R, &) step L beside R, 1) point R toe forward [9:00]

[9-16] STEP, ¼ C-BUMP, ½ SAILOR CROSS, ¼, ¼, SIDE

2,3& 2) Step R beside L, 3) turn 1/8 right, touch L to left, bump hip left, &) bump hip right,
4,5 4) Turn 1/8 right, bump hip left, weight to L, 5) turn 1/8 right, cross R behind L,
&6 (&) Turn 1/8 right, step L to left, 6) turn ¼ right, cross R over L [6:00]
7,8 7) Turn ¼ left, step L forward, 8) turn ¼ left, step R to right [12:00]

[17-24] TOUCH, ¼ STEP, ¼ PIVOT, ½ PIVOT LOOK, ½ HITCH, STEP

1,2 1) Touch L beside R, and look right, 2) turn ¼ left, step L forward [9:00]
3,4,5,6 3) Step R forward, 4) pivot ¼ left, weight to L, 5) step R forward, 6) pivot ½ left, weight to L, [12:00]
7,8 7) Hitch R knee, and turn ½ right, 8) step R forward [6:00]

[25-32] POINT, STEP, SCISSOR STEP, ¼, ¼, CAMEL WALKS

1,2,3&4 1) Point L to left, 2) step L forward, 3) step R to right, &) step L beside R, 4) cross R over L
5,6 5) Step back L, turn ¼ right, 6) turn ¼ right, step R forward,
7,8 7) Step L forward, pop R knee, 8) step R forward, pop L knee [12:00]

PART B: 16 COUNTS

[1-8] Rocks with hips, ball, cross, ¼, SIDE, CROSSING TRIPLE

1,2 1) Rock L forward 10:30 diagonal, pushing hips forward, 2) recover back R, pushing hips back
3&4 3) Rock L forward 10:30 diagonal, pushing hips forward, &) step R beside L, 4) cross L over R
5,6 5) Step R to right, 6) turn ¼ left, step L to left
7&8 7) Cross R over L, &) step L toe behind R heel, 8) cross R over L [9:00]

[9-16] STEP, TOUCH, ¼, ½ PIVOT, PREP, ½, ½, STEP

1,2 1) Step L to left, 2) touch R beside L
3&4 3) Turn ¼ right, step R forward, &) step L forward, 4) pivot ½ right, weight to R [6:00]
5,6 5) Step L forward (prep to turn left), 6) turn ½ left, stepping back on R
7,8 7) Turn ½ left stepping L forward, 8) step R forward

PART C: 16 COUNTS

[1-8] STEP, SWEEP, CROSS, SIDE 1/8 BACK, HOLD, BACK, 1/8, SIDE

1,2,3,4 1) Step L to left, 2) sweep R in front of L, 3) cross R over L, 4) step L to left
5,6,7,8 5) Turn 1/8 right, step R back, 6) hold, 7) step L back, 8) turn 1/8 right, step R to right [3:00]

[9-16] 1/8 STEP FORWARD, HOLD, ROCK RECOVER, SIDE, HOLD, CROSS UNWIND

- 1,2,3,4 1) Turn 1/8 right, step L forward, 2) hold, 3) rock forward, bringing arms up and make raining motion with your fingers, as you move hands down near your head. 4) recover to L [4:30]
- 5,6,7,8 5) Turn 1/8 right, step R to right, 6) hold, 7) cross L over R, 8) full unwind clockwise, weight to R [6:00]

ENDING: Dance through count 12 of A - after C-bump, facing 12:00, touch R toe & strike a pose!

Last Update - 17 April 2021-R2
