I'm On Fire

COPPER KNOB

拍數: 28

級數: Beginner / Improver

編舞者: Yvonne Anderson (SCO) - March 2021

牆數:4

音樂: I'm On Fire - Shane Owens : (Album: Walking On The Waves. iTunes)



Notes: Start on vocal (8 count intro). To finish facing forward - wall 10, dance through to count 14 (left sailor step) then tock R back, recover weight on L - tah dah!

[1-8] LEFT SIDE-TOGETHER-BACK, SHUFFLE BACK, COASTER STEP, STEP 1/4 LEFT

- 1&2 Step L to left, (&) Step R beside left, Step L back [12]
- 3&4 Step R back, (&) Step L beside right, Step R back [12]
- 5&6 Step L Back, (&) Step R beside left, Step L forward [12]
- 7-8 Step R forward, Pivot 1/4 turn left taking weight on L [9]

[9-16] CROSS SHUFFLE, SIDE-TOUCH-STEP, SAILOR STEP, R TOE BACK, 1/2 TURN RIGHT

- 1&2 Step R across left, (&) Step L to left, Step R across left [9]
- 3&4 Step L to left, (&) Touch R toes beside left, Step R to right [9]
- 5&6 Step L behind right, (&) Step R to right, Step L to left [9]
- 7-8 Touch R toe back, Unwind 1/2 turn right taking weight on R [3]

***RESTART - During walls 3 & 8 - Dance through to count 16 then restart the dance

(wall 3 begins facing 6 - restart facing 9, wall 8 begins facing 9 restart facing 12) ***

[17-24] STEP 1/4 RIGHT, BEHIND, HEEL TOUCH-TOGETHER-CROSS, SHUFFLE 1/4 TURN RIGHT, STEP 1/2 TURN RIGHT

- 1-2& 1/4 turn right stepping L to left, Step R behind left, (&) Step L to left and slightly back [6]
- 3&4 Touch R heel forward, (&) Step R beside left, Step L across right [6]
- 5&6 Make 1/4 turn right and shuffle forward stepping R, L, R [9]
- 7-8 Step L forward, 1/2 turn right taking weight on R [3]

[25-28] LEFT SHUFFLE FORWARD, SIDE-TOGETHER-FORWARD

- 1&2 Shuffle forward stepping L, R, L [3]
- 3&4 Step R to right (&) Step L beside right, Step R forward [3]

Repeat- Enjoy

Email: dancewithyvonne@gmail.com

Last Update - 12 March 2021