

The No-No Song

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Pia Rossen (DK) - March 2021
音樂: No No Song - Ringo Starr : (Album: Goodnight Vienna)



Intro: 16 count weight on L fot

Easy 4 count tag: see below.

(1-8) SIDE TOGETHER SIDE TOUCH x 2

1-2 step R to R side, step L next to R
3-4 step R to R side, touch L next to R
5-6 step L to L side, step R next to L
7-8 step L to L side, touch R next to L

option: wall 2-4-7-8 when the lyric says no-no : raise both hands at shoulder level. Wave R-L x 4

(9-16) ROCKING CHAIR, STEP TURN 1/2 L, WALK R-L

1-2 step R fwd, recover weight onto L
3-4 step back on R, recover weight onto L
5-6 step R fwd, turn 1/2 L, take weight onto L
7-8 step R fwd, step L fwd

(17-25) STEP POINT x 2, JAZZBOX 1/4 R

1-2 step R fwd, point L toe to L side
3-4 step L fwd, point R toe to R side
Option:raise both hands at shoulder level and snap your fingers while pointing toe x 2
5-6 cross R over L, step back L
7-8 turn 1/4 R stepping R to R side, step L next to R

(26-32) POINT SIDE x 2, HEEL SWITCHES R-L

1-2 point R toe to R side, step R next to L
3-4 point L toe to L side, step L next to R
5-6 touch R heel fwd, step R next to L
7-8 touch L heel fwd, step L next to R

Start again

TAG: after wall 2 (6.00) and wall 5 (9.00)

(1-4) HEEL SWITCHES R-L

1-2 touch R heel fwd, step R next to L
3-4 touch L heel fwd, step L next to R

Ending: wall 8 is the last wall ending 12.00, cross R over L.

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