

Lost in the Fire EZ

拍數: 72 牆數: 4 級數: Phrased Beginner +
編舞者: Angéline Fourmage (FR) & Maryse Fourmage (FR) - 6 March 2021
音樂: Fire - Barns Courtney



Start : On the lyrics (11s approximatly)

Sequence : A-A-A-A-A-Tag-A-B-A-A

Part A : 32 Counts

[1-8] Heel, Together, Heel, Together, Point, Point

- 1-2 Touch R Heel FW, RF next to LF
- 3-4 Touch L Heel FW, LF next to RF
- 5-6 Point RF to the R side, RF next to LF
- 7-8 Point LF to the L side, LF next to RF

[9-16] Heel, Together, Heel, Point, Touch, Point, Touch

- 1-2 Touch R Heel FW, RF next to LF
- 3-4 Touch L Heel FW, LF next to RF
- 5-6 Point RF to the R side, Touch RF next to LF
- 7-8 Point RF to the R side, Touch RF next to LF

[17-24] Vine, Touch, Vine ¼ L, Touch

- 1-2 RF to the R side, Cross LF behind RF
- 3-4 RF to the R side, Touch LF next to RF
- 5-6 LF to the L side, Cross RF behind LF
- 7-8 Make ¼ L with LF FW, Touch RF next to LF

[25-32] Step, Touch, Step, Touch, Step, Together

- 1-2 RF FW on R Diagonal, Touch LF next to RF
- 3-4 LF FW on L Diagonal, Touch RF next to LF
- 5-6 RF Back on R Diagonal, Touch LF next to RF
- 7-8 LF Back on L Diagonal, RF next to LF

Tag: 4 counts : Heel, Together, Heel, Together

- 1-2 Touch R Heel FW, RF next to LF
- 3-4 Touch L Heel FW, LF next to RF

Part B : 36 Counts

[1-8] Step, Touch, Step, Touch, Back, Touch, Back, Touch

- 1-2 RF FW on R Diagonal, Touch LF next to RF
- 3-4 LF FW on L Diagonal, Touch RF next to LF
- 5-6 RF Back on R Diagonal, Touch LF next to RF
- 7-8 LF Back on L Diagonal, Touch RF next to LF

[9-16] Circle ½ R Touch, V-Step

- 1-2 Make 1/8 R with RF FW, Make 1/8 R with LF FW
- 3-4 Make 1/8 R with RF FW, Make 1/8 R with RF FW
- 5-6 RF FW on R diagonal, LF FW on L diagonal
- 7-8 RF Back, LF next to RF

[17-24] Step, Touch, Step, Touch, Back, Touch, Back, Touch

- 1-2 RF FW on R Diagonal, Touch LF next to RF
- 3-4 LF FW on L Diagonal, Touch RF next to LF

5-6 RF Back on R Diagonal, Touch LF next to RF
7-8 LF Back on L Diagonal, Touch RF next to LF

[25-32] Circle ½ R Touch, V-Step

1-2 Make 1/8 R with RF FW, Make 1/8 R with LF FW
3-4 Make 1/8 R with RF FW, Make 1/8 R with RF FW
5-6 RF FW on R diagonal, LF FW on L diagonal
7-8 RF Back, LF next to RF

[33-40] V-Step (with hold)

1-2 RF FW on R diagonal, Hold
3-4 LF FW on L diagonal, Hold
5-6 RF back, Hold
7-8 LF next to RF, Hold

Smile and enjoy the dance

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