I Can Tell



拍數: 56 牆數: 4 級數: Low Intermediate

編舞者: Frank Heelan (IRE) & Debbie Curran (IRE) - March 2021

音樂: I Can Tell by the Way You Dance - Josh Turner



Intro: 32 Counts

Restart: On wall 3 leave out last 8 counts and restart facing 9.00.

Sec 1 Cross rock recover, side rock recover behind, side rock recover, behind side cross.

1-2 Cross rock right over left, recover to left.

Rock right to right, recover to left, step right behind.

5-6 Rock left to left, recover to right,

7&8 Step left behind, step right to right, cross left over right. (12.00)

Sec 2 Heel grind ¼ right, coaster step, pivot ½, shuffle forward.

1-2 Forward right heel, grind ¼ right, step back on left. (3.00)

3&4 Step back on right, left together, forward right.

5-6 Step forward left, pivot ½ right. (Weight to right) (9.00)

7&8 Step forward left, right together, forward left.

Sec 3 Chasse right, sway left right, kick left forward, touch left toe behind, turn 1/4 left, step forward right.

1&2 Step right to right, left together, step right to right. (9.00)

3-4 Sway to the left, sway to the right.

5-6 Low left kick forward, touch left toe behind.

7-8 Turn ¼ left bringing left heel to floor, step forward right. (6.00)

Sec 4 Shuffle ½ turn, rock back recover, shuffle ½ turn, coaster step.

Turn ¼ right stepping left to left. step right together, turn ¼ right stepping back on left. (12.00)

3-4 Rock back on right recover to left.

5&6 Turn ¼ left, stepping right to right, step left together, turn ¼ left, stepping back on right. (6.00)

7&8 Step back on left, right together, step forward left.

Sec 5 Side hold, & side touch, side together, chasse left.

1-2 Step right to right, HOLD

&3-4 Ball step left next to right, step right to right, touch left next to right.

5-6 Step left to left, step right together.

7&8 Step left to left, right together, step left to left. (6.00)

Sec 6 Rock recover, sailor ¼ turn, rock recover, sailor ½ turn.

1-2 Rock forward right, recover to left.

3&4 Turn ¼ right sweeping right behind left, step left to left, step forward right. (9.00)

5-6 Rock forward on left, recover to right.

7&8 Turn ½ left sweeping left behind right, step right to right, step forward left. (3.00)

Sec 7 Walk right left, mambo step, back left right, coaster step.

1-2 Walk forward right, walk forward left.

3&4 Rock forward right, recover to left, step right next to left

5-6 Walk back left, walk back right.

7&8 Step back left, right together, forward left. (3.00)

Contact: heelanjohnl@gmail.com Debbie.curran@ymail.com

