

Volara Natusumba

COPPERKNOB
STEPSHEETS

拍數: 96 牆數: 2
編舞者: Silvi Laurent (INA) - March 2021
音樂: Volara - Bernardo Lafonte

級數: Phrased Improver



TAG 8 Counts

Sequence: ABC B ABC B AC Tag ABC BC Tag

Phrased A

S1. SIDE ROCK - WEAVE - PIVOT 1/2

- 1-2 Step R to R side, Recover on L
- 3-4. Cross R over L, Step L to L side
- 5-6 Step R behind L, Step L to L side
- 7-8. Step R forward, 1/2 turn L Step L in place

S2. SIDE ROCK - WEAVE - PIVOT 1/2

- 1-2. Step R to R side, Recover on L
- 3-4. Cross R over L, Step L to L side
- 5-6. Step R behind L, Step L to L side
- 7-8 Step R forward, 1/2 turn L step L in place

S3. FORWARD ROCK - CLOSE - HOLD - BACKROCK - CLOSE - HOLD

- 1-2. Step R forward, Recover on L
- 3-4. Step R beside L, Hold
- 5-6. Step L back, Recover on R
- 7-8. Step L beside R - Hold

S4. SIDE ROCK - CLOSE - HOLD - SIDE ROCK - CLOSE - HOLD

- 1-2. Step R to R side, Recover on L
- 3-4. Step R beside L, Hold
- 5-6. Step L to L side, Recover on R
- 7-8. Step L beside R, Hold

Phrased B

S1. FORWARD ROCK - SIDE ROCK TURN 1/4 - BACK SWEEP - CLOSE - FORWARD - HOLD

- 1-2. Step R forward, Recover on L
- 3-4. Step R to R side, Recover on L 1/4 Turn R
- 5-6. Step R back with sweep, Step L beside R
- 7-8. Step R forward, Hold

S2. DIG HEEL - TURN 1/4 - BACK ROCK - DIG HEEL - TURN 1/4 - BACK ROCK

- 1-2. Dig L heel forward, 1/4 turn L step R in place
- 3-4. Step L back, Step R in place
- 5-6. Dig L heel forward, 1/4 turn L step R in place
- 7-8 Step L back, Step R in place

S3. WALK (L-R) - FORWARD ROCK - FULL TURN - TURN 1/4 - SIDE - CLOSE

- 1-2 Step L forward, Step R forward
- 3-4 Step L forward, Recover on R
- 5-6. 1/2 turn L Step L Forward, 1/2 turn L stepping R back
- 7-8. 1/4 turn L Step L to L side, Step R beside L

S4. K. STEP

- 1-2. Step L diagonal forward, Touch R beside L
- 3-4 Step R diagonal back, Touch L beside R
- 5-6. Step L diagonal back, Touch R beside L
- 7-8. Step R diagonal forward, Step L beside R

Phrased C

S1. DIAGONAL FORWARD - HOLD - SIDE - HOLD - SWAY (L, R, L, R)

- 1-2. Step L diagonal forward, Hold
- 3-4. Step R to R side, Hold
- 5-6. Recover on L with hips, Recover on R with hips
- 7-8. Recover on L with hips, Recover on R with hips

S2. CROSS ROCK - SIDE ROCK - ARABESQUE - CROSS - HOLD

- 1-2. Cross L over R, Recover on R
- 3-4. Step L to L side, Recover on R
- 5-6. Lift L to side with R heel up, R heel drop in place
- 7-8. Cross L over R, Hold

S3. TURN 1/2 - HOLD - CROSS - HOLD- BACK - HOLD - SIDE - CLOSE

- 1-2. 1/2 Turn R, Hold
- 3-4. Cross L over R, Hold
- 5-6. Step R back, Hold
- 7-8. Step L to L side, Step R beside L

S4. SIDE - HOLD - CLOSE - SIDE - TOUCH - SIDE - CLOSE - SIDE - CLOSE

- 1-2& Step R to R side, Hold, Step L beside R
- 3-4 Step R to R side, Touch L beside R
- 5-6. Step L to L side, Step R beside L
- 7-8. Step L to L side, Step R beside L

TAG. 8 counts

FORWARD - TOUCH - BACK - TOUCH - SIDE - TOUCH - TURN 1/4 - FORWARD - TOUCH

- 1-2. Step R forward, Touch L beside R
- 3-4. Step L back, Touch R beside L
- 5-6. Step R to R side, Touch L beside R
- 7-8. 1/4 turn L step L forward, Touch R beside L

*** Do the Tag 4 times after Phrased C /in the middle of the dance)**

*** For the last 8 counts of the Tag do it without 1/4 Turn. The dance ended on 12.00**

Enjoy the dance

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