Miss a Beat



拍數: 48 牆數: 4 級數: Improver

編舞者: Robert Cornell (USA) - March 2021 音樂: Didn't Miss a Beat - Easton Corbin



#32 count intro. Start on lyrics Weight on left foot to start

Cross right, point left.	cross left, point	right, rock forward right	:. recover left.	coaster step right.
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1-2	Cross right foot over left, point left toe out to left side.
3- 4	Cross left foot over right, point right toe out to right side.
5- 6	Rock right foot forward, recover weight back to left.

7 & 8 Step right foot back, left foot next to right, right foot forward with weight.

Forward left, ½ turn over; full turn; shuffle L R L; step right forward, ¼ turn. (restart #2. 9 o'clock wall).

1- 2	Step left foot forward, 1/2	turn over right shoulder,	weight on right foot.
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3-4 ½ turn over right shoulder left foot back, weight on left, ½ turn over right shoulder weight back

to right foot.

5 &6 Shuffle forward left-right-left.

7-8 Step right foot forward, ¼ turn over left shoulder weight to left foot.

Cross right over left, step left to left side, left weave. Rock left foot to left side, ¼ turn to right, weight on right foot. Full turn.

1-2	Cross right foot over left, step left foot to left side with weight.
3 & 4	Cross right behind left, left to left side, cross right over left.
5-6	Left foot to left with weight (press), ¼ turn over right shoulder weight on right foot.
7-8	½ turn over right shoulder weight to left foot back. ½ turn over right shoulder, weight to right
	foot forward

Shuffle L R L, syncopated rocks R-L, step back left, right. (restart #3. 3 o'clock wall. Touch right toe back no weight on last count.)

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1 & 2	Shuffle forward left-right-left
3 & 4	Rock forward right foot, recover back onto left
5 & 6	Syncopated rock forward on left foot, recover weight to right back.
7 -8	Walk back left - right.

Coaster step left, wizards R and L, step R forward, ¼ turn left, (restart # 1: 3 o'clock)

Codotol Stop io	it, wizardo it and E, stop it forward, 74 turn fort. (rostart # 1: 0 0 000k)
1 & 2	Left foot back, right foot back to left, left foot forward with weight.
3 & 4	Right foot diagonally forward to right, left foot step behind right, syncopated right to right side.
5 & 6	Left foot diagonally forward to left, right foot step behind left, syncopated left to left side.
7 - 8	Step right forward. ¼ turn left over left shoulder.

Left vine with turn. Left behind right, right to right side, step left.

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1 - 2	Cross right foot behind left. Step left ¼ turn to left.
3 - 4	Step right forward. ½ turn pivot over left shoulder.
5 - 6	Step right ¼ turn over left shoulder. Cross left behind right.
7 - 8	Step right to right side. Step left slightly forward with weight.

Tag: - left heel, right heel, left toe point left, right toe point right. (At end of count 8, instead of putting weight on left foot, just touch left toe to side of right foot to move into tag.)

(3 restarts; 1 tag) Sequence: 40-Restart; 48; 16-Restart; 32-Restart; 48; 48; TAG 4 BEATS; 48; 32.

