

# Sure In My Heart

COPPER KNOB  
STEPSHEETS

拍數: 72      牆數: 4      級數: Improver  
編舞者: Susanne Flynn (USA) - January 2021  
音樂: You're the One - Tracy Chapman : (Album: Greatest Hits)



Start on vocals - No tags or restarts

## Heel Stretch R/L, Lindy R, V Step, Rocking Chair

1-4            R Heel to front, recover, L Heel to front, recover  
5-8            Shuffle to R side (5&6), step L behind R, Recover on R  
9-12          Step out diag L Step out diag R, Recover back L recover back R  
13-16        Rock F on L, Recover, Rock B on L, Recover

## Heel Stretch L/R, Lindy L, V Step, Rocking Chair

1-4            L Heel to front, recover, R Heel to front, recover  
5-8            Shuffle to L side (5&6), step R behind L, Recover on L  
9-12          Step out diag R Step out diag L, Recover back R recover back L  
13-16        Rock F on R, Recover, Rock B on R, Recover

## Cross Dip Step Left 3x, Cross Dip Sweep

1-2            Step R foot in front of L with slight dip, step L foot to left  
3-4            Step R foot in front of L with slight dip, step L foot to left  
5-6            Step R foot in front of L with slight dip, step L foot to left  
7-8            Step R foot in front of L with slight dip, sweep L foot to front

## Cross Dip Step to R 3x, Cross Dip Sweep

1-2            Step L foot in front of R with slight dip, step R foot to right  
3-4            Step L foot in front of R with slight dip, step R foot to right  
5-6            Step L foot in front of R with slight dip, step R foot to right  
7-8            Step L foot in front of R with slight dip, sweep R foot to front

## Rock Front, Shuffle Back, Rock Back, Shuffle Forward

1-2            Step R forward, Recover back on L  
3&4            Step R back, Step L next to R, Step R back  
5-6            Step L back, Recover forward on R  
7&8            Step L forward, Step R next to L, Step L forward

## Monterey 2x, Pivot ½ L, Pivot ¼ L

1-4            Point R to R side, recover ¼ turn R, Point L to L side, Recover  
5-8            Point R to R side, recover ¼ turn R, Point L to L side, Recover (6:00)  
9-12          Step R foot forward, hold, pivot ½ turn to L, hold(12:00)  
13-16        Step R foot forward, hold, pivot ¼ turn to L, hold (9:00)

Contact: [sflynn32949@gmail.com](mailto:sflynn32949@gmail.com)