

Sol Y Mar

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Ultra Beginner – Pasodoble Rhythm
編舞者: Finalipio - March 2021
音樂: Costa Brava Catalana (Sol y Mar, verde pinar) - Digno García y Sus Carios



Stepsheet: Montse Bou (Spain)

Intro: 48 Counts

Seq.: 32-32-32-Tag 4c / 32-32-32-Tag 4c / 32-32-32-Tag 4c / 16.

WALKS FORWARD (RLR), TOUCH L, WALKS BACKWARD (LRL), TOUCH R

1-4 3 Steps forward R+L+R, Touch L toe beside RF

5-8 3 Steps backward L+R+L, Touch R toe beside LF

½ STEP TURN L, STEP R FWD, HOLD, ½ STEP TURN R, STEP L FWD, HOLD

9-12 RF Step forward, pivot ½ turn left, RF Step forward, Hold

13-16 LF Step forward, pivot ½ turn right, LF Step forward, Hold

VINE RIGHT ENDING CROSS L, SIDE ROCK-STEP R, CROSS R OVER, HOLD

17-20 RF side Step, cross LF behind RF, RF side Step, cross LF over RF

21-24 RF side Step, recover on LF, RF cross over LF, Hold

VINE LEFT END. CROSS R, SIDE ROCK-STEP L, CROSS L OVER, HOLD

25-28 LF side Step, cross RF behind LF, LF side Step, cross RF over LF

29-32 LF side Step, recover on RF, LF cross over RF, Hold

Start Again

Tag: 4x BUMPS R-L-R-L

1-4 RF side step and Bump to the right, to the left, to the right, to the left.