

# Nostalgia

COPPER KNOB  
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate  
編舞者: Nath SASSARO (FR) - March 2021  
音樂: Flies On the Butter (You Can't Go Home Again) - The Judds



## \*\*1 Restart - 1Tag

INTRO : after 8 counts

**SQ 1 : R NC Basic step - L side step - 1/2T R - R side step - cross step- R NC Basic step - Sway L R - LF side step**

1-2& Step RF to R side (1) Cross LF behind RF (2) Recover on RF (&  
3-4& Step LF to L side (3) 1/2T to R stepping RF to R side (4) Cross LF over RF (&  
5-6& Step RF to R side (5) Cross LF behind RF (6) Recover on RF (&  
7-8& Sway L (7) Sway R (8) step LF to L side (&

**SQ2 : RF Cross rock - Side step - LF Cross rock - Close - Step-turn-step- L full turn**

1-2& RF cross rock over LF (1) recover on LF (2) RF to R side (&  
3-4& LF cross rock over RF (3) recover on RF (4) close LF next to RF (&  
5-6& Step on RF fwd (5) Step on LF fwd (6) 1/2T R (&  
7-8& Step on LF (7) 1/2T L stepping back on RF (8) 1/2T L stepping fwd on LF (&

(Restart here on wall 6, facing 6 :00)

**SQ3 : ¼ T L- Side step - Cross LF behind RF - ¼ T R - Step R L fwd- Sweep RF - Cross RF over LF- L side step - step RF behind LF - Sweep LF- Back Step L- Sweep R- Back Step R- Sweep LF- Back Step L- Close RF to LF**

1-2& ¼ T to L stepping RF to R side (1) Cross LF behind RF (2) ¼ T R Stepping RF Fwd (&  
3-4& LF fwd with a RF sweep from back to front (3) Cross RF over LF (4) step LF to L side (&  
5-6 step RF behind LF with a LF sweep from front to back (5) Step back on LF with a RF sweep from front to back (6)  
7-8& Step back on RF with a LF sweep from front to back (7) Step back on LF (8) Close RF next to LF (&

**SQ4 : Step L R -1/4 T L- Cross RF over LF - ¼ T R - L step back - Side step- Cross LF over RF - Side Lunge - ¼ T L - Full turn and ¼ T L**

1-2& Step fwd on LF (1) Step fwd on RF (2) ¼ T to L (&  
3-4& Cross RF over LF (3) ¼ T R Stepping LF Back (4) Step RF to R side (&  
5-6 Cross LF over RF (5) Lunge on R side (6)  
7-8& ¼ T to L, as you step fwd on LF (7) ½ T L stepping RF back (8) ¾ T L stepping LF fwd (&

(The next step is the « 1 » of the Basic NC step, as you start again the dance)

**Tag at the end of Wall 3 (8 counts) - You will be facing 06 :00 - Add these step**

1-2& Step RF to R side (1) Cross LF behind RF (2) Recover on RF (&  
3-4& Step LF to L side (3) 1/2T to R stepping RF to R side (4) Cross LF over RF (&  
5-6& Step RF to R side (1) Cross LF behind RF (2) Recover on RF (&  
7-8& Step LF to L side (3) 1/2T to R stepping RF to R side (4) Cross LF over RF (&

**Ending : Dance SQ1 changing the last 2 counts this way : :**

7-8 Sway L (7) RF to R side as you drag your LF slowly next to your RF, Knees slightly bended, in a Romantic standing.

Let yourself be carried by the music

(V2) Contact : natsas@orange.fr

RF= Right Foot - LF=Left Foot - R=Right - L= Left - Fwd= Foward  
Last Update - 20 March 2021

---