Lost in the Fire



拍數: 72 牆數: 4 級數: Phrased Improver

編舞者: Angéline Fourmage (FR) & Maryse Fourmage (FR) - 6 March 2021

音樂: Fire - Barns Courtney



Start : On the lyrics (11s approximatly)
Sequence : A-A - A-A - A-Tag - A-B - A-A

Part A: 32 Counts

[1-8] Rock-Step, Step Back, Heel, Clap, Coaster-Step, Cross, Point

1-2& RF FW, Recover to LF, RF Back
3&4 Touch L Heel FW, Clap, Clap
5&6 LF Back, RF next to LF, LF FW

7-8 Cross RF over LF, Point LF to the L side

[9-16] Weave 1/4 R, Cross, Point, Heel, Together, Heel

1-2 Cross LF over RF, RF to the R side

3-4 Cross LF behind RF, Make ¼ R with RF FW5-6 Cross LF over RF, Point RF to the R side

7&8& Touch R Heel FW, RF next to LF, Touch L Heel FW, LF next to RF

[17-24] Vine, Touch, Vine, Touch

1-2 RF to the R side, Cross LF behind RF
3-4 RF to the R side, Touch LF next to RF
5-6 LF to the L side, Cross RF behind LF
7-8 LF to the L side, Touch RF next to LF

[25-32] Step, Touch, Step, Touch, Step, Together, Stomp Up

1-2 RF FW on R Diagonal, Touch LF next to RF3-4 LF Back on R Diagonal, Touch RF next to LF

5-6 RF FW, LF next to RF

7-8 R Stomp Up next to LF, R Stomp Up next to LF

Tag 4 counts: 4 Right Stomp up

Part B: 40 Counts

[1-8] Skate, Skate, Triple-Step, Skate, Skate, Triple-Step

1-2 Skate RF FW on R Diagonal, Skate LF FW on L Diagonal

3&4 RF FW, LF next to RF, RF FW

5-6 Skate LF FW on L Diagonal, Skate RF FW on R Diagonal

7&8 LF FW, RF next to LF, LF FW

[9-16] Circle 1/2 R Touch, V-Step

1-2 Make 1/8 R with RF FW, Make 1/8 R with LF FW
3-4 Make 1/8 R with RF FW, Make 1/8 R with RF FW
5-6 RF FW on R diagonal, LF FW on L diagonal
7-8 RF Back, LF next to RF

[17-24] Skate, Skate, Triple-Step, Skate, Skate, Triple-Step

1-2 Skate RF FW on R Diagonal, Skate LF FW on L Diagonal

3&4 RF FW, LF next to RF, RF FW

5-6 Skate LF FW on L Diagonal, Skate RF FW on R Diagonal

7&8 LF FW, RF next to LF, LF FW

[25-32] Circle 1/2 R Touch, V-Step

1-2	Make 1/8 R with RF FW, Make 1/8 R with LF FW
3-4	Make 1/8 R with RF FW, Make 1/8 R with RF FW
5-6	RF FW on R diagonal, LF FW on L diagonal

7-8 RF Back, LF next to RF

[33-40]* Rolling-Vine, Touch, Rolling-Vine, Touch (* Option : R vine, touch, L vine, touch)

1-2 Make 1/4 R with RF FW, Make 1/2 R with LF Back
3-4 Make 1/4 R with RF to the R side, Touch LF next to RF
5-6 Make 1/4 L with LF FW, Make 1/2 L with RF Back
7-8 Make 1/4 L with LF to the L side, Touch RF next to LF

Smile and enjoy the dance

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