

Hit The Road JACK ..

COPPER **KNOB**
STEPSHEETS

拍數: 40 牆數: 4 級數: High Beginner
編舞者: Val Saari (CAN) - March 2021
音樂: Hit the Road Jack - Trippynova



Begin on the word "road"

PHRASED SEQUENCE: AA BB AA BBB AA BB AA

PART A: 24 counts

S:1 TOE-STRUTS FORWARD RLRL

1-2 Touch RF toes forward, Drop heel & snap fingers
3-4 Touch LF toes forward, Drop heel & snap fingers
5-6 Touch RF toes forward, Drop heel & snap fingers
7-8 Touch LF toes forward, Drop heel & snap fingers

S:2 HEEL-TOUCHES BACK RLRL

1-2 Tap RF heels to 1:00, Step RF back
3-4 Tap LF heels to 11:00, Step LF back
5-6 Tap RF heels to 1:00, Step RF back
7-8 Tap LF heels to 11:00, Step LF back

S:3 SCISSORS/FLICK PIVOT 1/8 R, SHUFFLE RLR (1:30)/FLICK PIVOT 3/8 L(9:00), MAMBO FWD, COASTER STEP

1&2& RF Step R, Step LF together, RF crosses LF, Flick LF and Pivot 1/8 R (1:30)
3&4& Shuffle forward RLR (1:30), Flick RF and Pivot 3/8 L (9:00)
5&6 Rock forward on RF, Recover LF, Step back on RF
7&8 Step LF back, Step RF beside L, Step LF forward

PART B: 16 Counts

S:1 K-STEP, SCUFF

1-2 Step RF diagonally forward, Touch LF beside RF
3-4 Step LF diagonally back, Touch RF beside LF
5-6 Step RF diagonally back, Touch LF beside RF
7-8 Step LF diagonally forward, Scuff RF over L

S:2 CROSS MAMBOS X 2 (R, L TURN 1/4 L)

1-2 RF rock across L, LF recover
3-4 Step RF beside Left, hold
5-6 LF rock across R, Step RF in place
7-8 Step LF 1/4 turn left, hold

Styling ideas: Bend your knees and crouch down a little doing the toe struts forward

HINT: Section A always begins with "Hit the Road, Jack"

(Also for new beginners the entire song may be done with Section A only)

Have FUN!

Email: valeriesaari@icloud.com

Phone: 1-905-246-5027

Last Update - 8 March 2021