

Push Me Away

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Evan VanScoyk (USA) - March 2021
音樂: Teeth - 5 Seconds of Summer



No Tags, No Restarts

Dance begins on lyrics

BOX STEP, ¼ TURNING JAZZ BOX

1 2 Step R slightly diagonally right forward (1), Step L slightly diagonally left forward (2),
3 4 Step R slightly diagonally back (3), Step L slightly diagonally back (4)
5 6 Step R across (5), Step L back (6),
7 8 Turn ¼ right and step R side (7), Step L forward (8)

KICK, HITCH, STEP WIDE OUT, DRAG (R-L)

1 2 Kick R (1), Hitch R (2)
3 4 Step R wide out right (3), Drag L together (4)
5 6 Kick L (5), Hitch L (6)
7 8 Step L wide out left (7), Drag R together (8)

CROSS ROCK RECOVER, SIDE SHUFFLE (R-L)

1 2 Rock R across left (1), Recover weight onto L (2)
3&4 Step R right (3), Step L together (&), Step R right (4)
5 6 Rock L across right (5), Recover weight onto R (6)
7&8 Step L left (7), Step R together (&), Step L left (8)

STAMPING STRUT FWD R-L, ROCK, RECOVER, SLIDE BACK, TOGETHER

1 2 Stamp R forward (1), Stamp R in place (2)
3 4 Stamp L forward (3), Stamp L in place (4)
5 6 Rock R forward (5), Recover weight onto L (6)
7 8 Large step back on R dragging L next to R (7), Close L next to R (8)

>> Begin Again

For questions or more dances find me on Facebook @EvanVChoreography