

Settling Down

拍數: 32 牆數: 4 級數: High Beginner
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音樂: Settling Down - Miranda Lambert



Count intro: 32 - Tag & Restart on wall 3

Wizard Step, Wizard Step, Jazz Box, Side Triple R

1, 2 & Step R fwd, Lock L behind R, Step R fwd
3, 4, & Step L fwd, Lock R behind L, Step L fwd
5 6 Cross R over L, Step back on L
7 & 8 Step R to R side, Step L next to R, Step R to R side

Cross Rock, ¼ Triple L, ¼ Triple R, ¼ Triple L

1, 2 Cross L over R, Recover R
3 & 4 ¼ turn L, Triple LRL
5 & 6 ¼ turn L, side Triple RLR
7 & 8 ¼ turn L, side Triple LRL

(Tag & Restart here on wall 3)

R Sailor Step, L Sailor Step, Behind Side Cross, ¼ Triple Back

1 & 2 Step R behind L, Step L to side, Step R to R side
3 & 4 Step L behind R, Step R to R side, Step L to L side
5 & 6 Step R behind L, Step L to L side, Cross R over L
7 & 8 ¼ turn R, Triple back LRL

Side rock R, Recover L together, Side rock L, Recover together. ¼ Pivot L, Kick Ball Change

1, 2 & Side rock R, recover L, Step R next to L
3, 4 & Side rock L, recover to R, Step L next to R
5 6 Step fwd R, ¼ turn L shifting weight to L
7 & 8 Kick fwd R, Step on ball of R, Step on L

Tag & restart on wall 3 (after 16 counts)

R cross rock side triple, L cross rock side triple

1, 2 Cross rock R over L, Recover to L
3 & 4 Step R to R side, step L next to R, step R to R side
5 6 Cross L over R, Recover to R
7 & 8 Step L to L side, Step R next to L, Step L to L side

Restart