Workin' 5 to 9:00



拍數: 32 牆數: 4 級數: High Beginner

編舞者: Val Saari (CAN) - March 2021

音樂: 5 to 9 - Dolly Parton



Intro: 16 counts. Begin on the word "tumble"

HEEL TAPS RLRL, STEP-LOCK-STEP DIAGONALLY FWD

Tap RF heel diagonally right, Step RF beside L, Tap LF heel diagonally left, Step LF beside 1&2&

3&4& Tap RF heel diagonally right, Step RF beside L, Tap LF heel diagonally left, Step LF beside

5&6 Step RF Forward diagonally right (1:30), Lock LF behind R, Step RF forward Step LF forward diagonally left (10:30), Lock RF behind L, Step LF forward 7&8

OUT, OUT, STEP BACK/DRAG, CHARLESTON

1-2 Step RF right, Step LF left

3-4 Step RF large step back, Drag LF heel together

Step RF forward, Kick LF forward 5-6 7-8 Step LF back, Tap RF back

HIP BUMPS FWD RLR, LRL, RLR, LRL

1&2	Step RF forward and bump hips RLR (weight on RF)
3&4	Step LF forward and bump hips LRL (weight on LF)
5&6	Step RF forward and bump hips RLR (weight on RF)
7&8	Step LF forward and bump hips LRL (weight on LF)

CROSS UNWIND 1/2 L, KICK-BALL CHANGE, 1/8 STEP TURNS L X 2

1-2	Cross RF over L, Unwind 1/2 turn left (weight on LF)
3&4	Kick RF forward, step RF next to left, step LF together

5-6 Step fwd on RF, Turn 1/8 left 7-8 Step fwd on RF, Turn 1/8 left *

*ONE EASY TAG & RESTART: 8 Counts, after Wall 3 facing 9:00 LINDY RIGHT, LINDY LEFT

1&2 Shuffle right, RLR

3-4 Rock back on LF, Recover on RF

5&6 Shuffle left, LRL

Rock back on RF, Recover on LF 7-8

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