

# Keep Up

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Gina Piercy (AUS) - February 2021  
音樂: Keep Up - RaeLynn



## SECTION 1 - SIDE ROCK-RECOVER-SAILOR STEP-KICK-BALL-CHANGE-SHUFFLE

1-2      Right side rock, recover,  
3&4      Right sailor step.  
5&6      Left front kick-left replace-right replace.  
7&8      Forward left shuffle. Left-together right-step left forward.

## SECTION 2 - QUARTER PADDLE TURN-HEEL SWITCHES-DOROTHY(WIZARD)-STEPTOUCH

1-2      Step right forward, left quarter paddle turn.  
3&4      Right heel, replace, left heel.  
&5-6      Replace left, step right forward, lock left behind right.  
&7-8      Replace right next to left, step forward left, touch right.

## SECTION 3 - ¼ TURN CAMEL WALK-TRIPLE STEP TURN-ROCK-RECOVER-BACK LOCK STEP

1-2      Quarter turn right step heel, drag left foot behind right popping right knee.  
3&4      Full triple step turn clockwise (right) stepping: right, left, right.  
5-6      Left forward rock, right replace.  
7&8      Left step back, lock right in front of left, step back left.

## SECTION 4 - SCISSOR STEP-CROSS-1/4 TURN KNEE POP X 2-HALF TURN SHUFFLE X 2

1&2      Right side rock, recover left, cross right in front.  
3-4      Double knee pop left quarter turn pivot on balls of feet, repeat to face 6:00.  
5&6      Left half turn step back on right, left together, step back on right.  
7&8      Left half turn step forward on left, right together, step forward on left.

## SECTION 5 - RIGHT RHUMBA FORWARD-SIDE-TOGETHER-1/4 TURN-STEP HOOK TURNS

1&2      Step right to right side, left together, step right forward.  
3&4      Step left to left side, right together, quarter turn left stepping left forward.  
5-6      Step forward right, left front hook full turn.  
7-8      Step forward left, right front hook ¾ turn to face 6:00.

## SECTION 6 - SCISSOR STEP-CROSS-TOE-HEEL-STEP-ROCK-RECOVER-COASTER STEP

1&2      Right side rock, recover left, cross right in front.  
3&4      Left toe next to right foot, left heel next to right foot, step left forward.  
5&6      Right forward rock, recover left, step back right.  
7&8      Left step back, step right next to left, step left forward.

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