

# Juice

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4  
編舞者: JMP (KOR) - February 2021  
音樂: Juice - Lizzo

級數: Beginner Disco Style



**Start : After 32 Count (No Tag, No Restart)**

**Ending : Pivot 1/4 Turn Left (12:00)**

## **S1 (1-8) Walk Forward x 4 with Heel Swivel, Touch Diagonal, Hip Bump with Heel Swivel**

- 1 - 4      Step RF forward (1), Step LF forward (2), Step RF forward (3), Step LF forward (4) - (Heels in, out on each step)
- 5 - 8      Touch RF diagonal right with hip bump up (5), Hip bump down (&), Hip bump up (6), Hip bump down (&), Hip bump up (7), Hip bump down (&), Hip bump up (8), Hip bump down (&) - with heel swivel

## **S2 (1-8) Step Back Point x 2, Back Rocking Chair**

- 1 - 4      Step RF back (1), Point LF side (2), Step LF back (3), Point RF side (4)
- 5 - 8      Step RF back (5), Recover LF (6), Step RF forward (7), Recover LF (8)

## **S3 (1-8) Step Side Cross x 2, Step Side, Kick Diagonal, 1/4 Turn Left Step Side, Kick Diagonal**

- 1 - 4      Step RF side (1), Cross LF over R same time body down (2), Step RF side (3), Cross LF over R same time body down(4)
- 5 - 8      Step RF side (5), Kick LF diagonal right (6), 1/4 turn left Step LF side (7), Kick RF diagonal left (8) - 9:00

## **S4 (1-8) Out, Out, In, In (with hip shake), Jazz Jumping (with shoulder shimmy)**

- 1 - 4      Step RF diagonal right forward (&), Step LF diagonal left forward (1), Clap (2), Step LF back (&), Close RF to L (3), Clap (4) - with hip shake
- 5 - 8      Step RF diagonal right forward (&), Step LF diagonal left forward (5), Step RF back (&), Close LF to R (6), Step RF diagonal right forward (&), Step LF diagonal left forward (7), Step RF back (&), Close LF to R (8) - with shoulder shimmy

**HAVE FUN ~~~**

**Contact - (kiara26@hanmail.net)**