

Save Me From Myself

COPPERKNOB
BY SHEETS

拍數: 48 牆數: 2 級數: Low Advanced Rolling 8
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音樂: Save Me - Jelly Roll



Intro: 16 counts. Start on the words: 'Somebody Save Me' 0.23 - *No tags or restarts.

[1-8] STEP RIGHT - (REACH), FULL TURN LEFT, POINT ACROSS, SIDE, CROSS, 1/4 TURN RIGHT - SWEEP, CROSS, 1/8 TURN LEFT, COASTER HITCH, BACK TOGETHER

- 1-2a3 RF step right and point LF left and reach right hand up right) 1), 1/4 turn left and LF step fwd 2) 9:00), 1/2 turn left and RF step back a) 3:00), 1/4 turn left and LF left 3) 12:00)
- 4&a5 RF point fwd across LF 4), RF step right &), LF cross over RF a), 1/4 right and RF step fwd and sweep LF fwd 5) (3:00)
- 6&a7 LF cross over RF 6), 1/8 turn left and RF step back &) (1:30), LF step next to RF a), RF step fwd hitching L knee 7),
- 8a LF step back 8), RF step next to LF a)

[9-16] FWD SWEEPS, CROSS 1/8 TURN LEFT, BACK SIDE CROSS, WEAVE, 1/4 1/4 RIGHT, STEP FWD L/R 1/2 TURN LEFT

- 1-2 LF step fwd and sweep RF fwd 1), RF step fwd and and sweep LF fwd 2)
- 3&a4 Cross LF over RF 3), 1/8 turn left and RF step back &)12:00), LF step left a), RF cross over LF 4)
- a5 LF step left a), RF step behind LF 5)
- a6 LF step left a), RF cross over LF 6)
- &a7 1/4 turn right and LF step back &), 1/4 turn right and RF step fwd a) 6:00), LF step fwd 7)
- 8& RF step fwd 8), 1/2 turn left and weight fwd on LF &) 12:00)

[17-24] PRISSY WALKS FWD R/L, ROCK RECOVER, RUN BACK RL, ROCK BACK - HITCH LEFT, STEP 1/2 TURN LEFT - HITCH RIGHT, CROSS ROCK, RECOVER, SIDE

- 1-2-3 RF step fwd across LF 1), LF step fwd across RF 2), RF rock fwd 3)
- 4&a5 Recover on LF 4), RF step back &), LF step back a), RF rock back hitching left knee 5)
- 6-7 LF step fwd and turn 1/2 turn left hitching right knee 6) 6:00), RF cross over LF 7)
- 8a Recover on LF 8), RF step right a)

[25-32] WEAVE, CROSS ROCK 1/8 TURN RIGHT, COASTER STEP, STEP FWD - SWEEP R 1/8 TURN LEFT, CROSS, SPIRAL 1 1/8 LEFT, RUN AROUND LRL 7/8 TURN LEFT

- 1a2a3 LF cross over RF 1), RF step right a), LF step behind RF 2), RF step right a), LF cross rock over RF 3) 7:30)
- 4&a5 Recover on RF 4), LF step next to RF &), RF step fwd a), LF step fwd and RF Sweep fwd 5)
- 6-7 RF cross over LF squaring 6) 6:00), Spiral 1-1/8 left 7) weight on RF 4:30)
- 8&a LF step fwd 8), 1/4 turn left and RF step fwd &) 1:30), 3/8 turn left and LF step fwd a) 9:00)

[33-40] SWAY RLR, WEAVE - SWEEP, BEHIND 1/4 TURN LEFT FWD L/R, 1/4 TURN LEFT

- 1-2-3 RF step right and sway right 1), LF step left and sway left 2) RF step right and sway right 3)
- 4a5 LF cross over RF 4), RF step right and slightly diagonal fwd a), LF step behind RF and sweep RF back 5)
- 6a7 RF step behind LF 5), 1/4 turn left and LF step fwd 6) 6:00), RF step fwd 7)
- 8 1/4 turn left and step LF left 8) 3:00)

[41-48] SYNCOPATED CROSS ROCKS R/L, 1/4 TURN RIGHT, ROCK BACK, RECOVER, FULL TURN LEFT - SWEEP, SYNCOPATED JAZZ BOX CROSS

- 1&a2 RF rock over LF 1), LF step in place) &), RF step right a), LF rock over RF 2)
- &a3 RF step in place) &), LF step left a), RF cross over LF 3)

a4 1/4 turn right and LF step back a) 6:00), RF rock back 4)
5a6 LF step fwd) 5), 1/2 turn left and RF step back 6) 12:00), 1/2 turn left and LF step fwd and RF
sweep fwd 6) 6:00)
7-8&a RF cross over LF 7), LF step back 8) 6:00), RF step right &), LF cross over RF a)

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