

I'm In The Mood For Dancing

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Tri Artiyanti (INA) - February 2021
音樂: I'm in the Mood for Dancing - Yuju : (True Beauty Soundtrack)



Intro - 64 C
Restarts on:-
W 4 after 12C
W 8 after 28 C

I.WALK - WALK - MAMBO CROSS - SIDE ROCK - CROSS SHUFFLE

1-2 Walk forward R - L
3&4 Step R to R side, recover to L, R cross over L
5-6 Step L to L side, recover to R
7&8 L cross over R, step R to side, L cross over R

II. FORWARD ROCK - 1/4 SAILOR STEP - SWAY

1-2 Step R forward , recover to L
3&4 1/4 turn R cross R behind L, step L to side, step R in place
***Restart* on W 4 with change step Touch R beside L**
5-8 Sway hips L-R-L-R

III. TRAVELLING BOTAFOGO (L-R) FORWARD ROCK - BACK LOCK SHUFFLE

1&2 L cross over R, step R to side, step L in place
3&4 R cross over L, step L to side, step R in place
5-6 L step forward, recover to R
7&8 Step L back, R cross over L, step L back

IV. BACK ROCK - PIVOT 1/2 - SWITCHES HEELS - FORWARD - CLOSE

1-2 Step R back, recover to L
3-4 Step R forward, 1/2 half turn L step L in place
***Restart* on W 8**
5&6& Touch R heel forward, close R to L, touch L heel forward, close L to R
7-8 Step R forward, L close to R

Contact: trartiyanti16@gmail.com
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