

# Baila Baila

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Micaela Svensson Erlandsson (SWE) - February 2021  
音樂: Bailá Bailá - Alvaro Estrella



Restarts :Wall 2, 4 & 6 (After section 2) Tags: Wall 4 (After Section 2) & After Wall 8.

## Section 1: Right Forward Mambo. Left Back Mambo. Right Mambo. Left Mambo.

1&2      Rock forward on right. Recover onto left. Step right in place.  
3&4      Rock back on left. Recover onto right. Step left in place.  
5&6      Rock right to right side. Recover onto left. Step right in place.  
7&8      Rock left to left side. Recover onto right. Step left in place.

## Section 2: Modified extended Shuffle ½ Turn right. Left Forward Mambo. Back Rock.

1&      Step forward on right crossing left foot. Lock left behind right.  
2&      Step forward on right turning ¼ right. Lock left behind right.  
3&4      Step forward on right turning ¼ right. Lock left behind right. Step forward on right.  
5&6      Rock forward on left. Recover onto right. Step left in place.  
7-8      Rock back on right. Recover onto left.

\*1st Restart Wall 2 (Facing 3 O'clock.)

\*\*1st Tag & 2nd Restart Wall 4 (Facing 6 O'clock)

\*\*\*3rd restart Wall 6 (Facing 9 O'clock)

## Section 3: Right Forward Lock Step. Step ½ Turn right. Left Forward Lock Step. Step ¼ Turn left.

1&2      Step forward on right. Lock left behind right. Step forward on right.  
3-4      Step forward on left. Turn ½ right.  
5&6      Step forward on left. Lock right behind left. Step forward on left.  
7-8      Step forward on right. Turn ¼ left.

## Section 4: Cross Shuffle. Left Rock. Behind. Side. Cross. Sway. Sway.

1&2      Cross right over left. Step left to left side. Cross right over left.  
3-4      Rock left. Recover onto right.  
5&6      Cross left behind right. Step right to right side. Cross left over right.  
7-8      Sway right. Sway left.

\*\*2nd Tag After Wall 8 (Facing 3 O'clock)

## Tag: Hip Bumps (right & right, left & left)

1&2      Bump right hip right. Move hip back to centre. Bump right hip right.  
3&4      Bump left hip left. Move hip back to centre. Bump left hip left.

**Note:** During Wall 8, after Section 2, the music will slow down. Just continue dancing keeping the rhythm all the way until you've completed the wall . Then it is time for The 2nd Tag.

**Ending:** During Wall 10 after Section 2, the dance will end. Make Step ½ Turn left to end facing the front wall.