

Things Have Changed

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sylvia Elwyn (USA) - February 2021
音樂: Things Have Changed - Bob Dylan : (amazon)



#16 count intro - Start weight L

DIAGONAL FORWARD, LOCK, STEP, BRUSH (R&L)

1-3 Step R diagonally forward, lock L behind R, step R diagonally forward
4 Brush L forward
5-7 Step L diagonally forward, lock R behind L, step L diagonally forward
8 Brush R forward

VINE R, TOUCH; LINDY L

1-4 Step R to side, step L behind, step R to side, touch L home
5&6, 7 8 Step L to left, step R next to L, step L to left, Rock R back, Recover L forward

CROSS, POINT, CROSS, POINT; KICK-BALL-TOUCH; KICK-BALL-TOUCH

1-4 Cross R over L, touch L to left side, cross L over R, touch R to side
5&6 Kick R forward, step R home, touch L home
7&8 Kick L forward, step L home, touch R home

ROCKING CHAIR; CROSS-BACK-BACK; BEHIND-SIDE-FORWARD

1-4 Rock R forward, recover L, rock R back, recover L
5&6 Cross R over L, step back L, step back R (1:30)
7&8 Step back L behind R (1:30), step R making 1/8 turn, (3:00) Stepping L forward

Repeat

Ending; Start facing 9:00. Dance 16 counts and then pivot ¼ turn to Right to 12:00. Put arms over head to end dance, "Ta-da!"

*Special Thanks to my Instructor Cindy Hady for cheering me on this joyful journey!

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