

All for You

COPPER KNOB
STEP SHEETS

拍數: 64 牆數: 4 級數: Phrased Intermediate / Advanced
編舞者: Asher Butnik (USA) - February 2021
音樂: All for You - Years & Years



CW rotation. Sequence: AA BB (restart) AA BB AA BB Ending
Intro: 16 counts (8 seconds). Start just after vocals start. Total song duration 3m 39s.

Part A (32 count)

[1-8]: Walk, walk, out out in cross, half Monterey turn right (6:00)

1,2 Step R forward, Step L forward
&3&4 Step R right, Step L left, Step R center, Step L right crossing over R
5,6 Point R right, ½ turn right stepping R beside L (6:00)
7,8 Point L left, Step L beside R

[9-16]: Jazz box with a quarter right turn, hip walks x2 (9:00)

1,2 Step R left crossing over L, Step L back
3,4 Turn ¼ right (9:00) and step R forward, Step L left
5,6 Touch R forward, step R forward
7,8 Touch L forward, step L forward

[17-24]: Mambo forward, touch back, pivot half left, sweep, cross behind side (3:00)

1&2 Rock R forward, Recover back on L, Step back on R
3,4 Touch L back, Turn ½ left taking weight on L (3:00)
5,6 Sweep R CCW, Step R left crossing over L
7,8 Step L back, Step R right

[25-32]: Cross rock, recover, coaster step, step sweep (x2)

1,2 Rock L right crossing over R, Recover back on R
3&4 Step L back, Step R back beside L, Step L forward
5,6 Step R forward, Sweep L CW
7,8 Step L forward, Sweep R CCW

Optional: On the 2nd and 4th A sections (walls 2 and 6), the final Sweep R CCW may be replaced by a Kick R to the right diagonal.

Part B (32 count)

Note: B is 1st done facing the 6:00 wall, but the step sheet is written facing the 12:00 wall.

[1-8]: Heel grind quarter right, coaster step, hitch half right, step back x4 (9:00)

1,2 Rock forward onto R heel and turn ¼ right (3:00), Recover back on L
3& Step R back, Step L back beside R
4& Step R forward, Hitch L knee and turn ½ right keeping weight on R (9:00)
5,6,7,8 Step L back, Step R back, Step L back, Step R back

[9-16]: Side rock switch x2, left right left heel taps, hitch heel tap

1,2& Rock L to left, Recover on R, Step L next to R
3,4& Rock R to right, Recover on L, Step R next to L
5&6& Touch L heel forward, Step L together, Touch R heel forward, Step R together
7&8 Touch L heel forward, Hitch L knee, Touch L heel forward

Optional: For the heel touches on 5, 6, and 7, do them in sync with the singer, who is ahead of the beat, instead of on the beat as written.

[17-24]: Quarter turn left x2, half turning triple, hitch, touch back half pivot x2 (stay on 9:00)

1,2 Step L to left diagonal and turn ¼ left (6:00), Step R right and turn ¼ left (3:00)

3& ¼ turn left (12:00) stepping L left, Step R beside L
4& ¼ turn left (9:00) stepping L forward, Hitch R knee
5,6 Touch R back, Turn ½ right taking weight on R (3:00)
7,8 Touch L forward, Turn ½ right taking weight on L (9:00)

[25-32]: Cross behind side cross side, side, quarter side x2, heel swivel (3:00)

1,2 Step R left crossing over L, Step L back
3&4 Step R right, Step L right crossing over R, Step R right
5,6 Reverse momentum to Step L left, Turn ¼ left and step R to side (6:00)
7&8 Turn ¼ left and step L to side (3:00), Swivel heels right, Recover heels with weight on L

Optional: For the steps on 5, 6, and 7, do them in sync with the singer, who is ahead of the beat, instead of on the beat as written.

Ending (16 count)

Note: Start facing 6:00 wall. The 1st 8 counts are the same as the 1st 8 counts of A.

[1-8]: Walk, walk, out out in cross, half Monterey turn right (12:00)

1,2 Step R forward, Step L forward
&3&4 Step R out to the right, Step L out to the left, Step R back in to center, Cross L over R
5,6 Point R to right side, ½ turn right stepping R beside L (12:00)
7,8 Point L to left side, Step L beside R

[9-16]: Rocking chair, rock, knee pop

1,2 Rock R forward, Recover back on L
3,4 Rock R backward, Recover forward on L
5,6 Rock R forward, Hold
7&8 Hold, Step L behind R while popping R knee forward, Hold

Restart: On wall 4 (the 2nd B), there is a restart after 16 counts leading into the next A section.

You will be facing 6:00 at the time. Note that the L heel tap on count 16 must be changed to a step in order to put weight back on L.
