

Lonely

COPPER KNOB
STEPSHEETS

拍數: 16 牆數: 4 級數:
編舞者: Daan Geelen (NL) - February 2021
音樂: Lonely - Noah Cyrus



Start the dance on vocals

Restart: wall 4 after rock back

SECTION 1 - Sway L Point, Sway R Point, Recover, Cross, Side, Behind with Sweep Front to Back, Step Behind, Step Diagonal Fwd, Run Fwd L R L, Sweep;

1 2 Sway Left Point R to Rightside, Sway Right Point L to Leftside
3&a Recover to Left, Cross R over L, Step L to Leftside
4 Step R Behind L and Sweep L Front to Back
5 6 Step L Behind R, Step R Diagonal Right Fwd
7&8 Step L Fwd, Step R Fwd, Step L Fwd, Sweep R Back to Front

Option 7&8:

Triple Full Turn Left Fwd (L R L)

SECTION 2 - Step R Diagonal Fwd and Sway, Sway ¼ Turn Left, Cross, Back, Rock Back, Recover, Walk R L, ¼ Turn Right, Cross, Side;

1 2 Step R Diagonal Fwd and Sway Fwd, Recover ¼ Turn Left with Sway (facing 10.30)
3& Cross R over L, Step L 1/8 Turn Right Back
a4 Rock R Back * (restart wall 4), Recover to L
5 6 Step R Fwd, Step L Fwd
7&8 ¼ Turn Right Step R to Rightside, Cross L over R, Step R to Rightside

Option 7&8:

Triple 1 ¼ Turn to Rightside

At the end of the music recover to 12 o'clock
