

Good In Bed

拍數: 32 牆數: 4 級數: Novice
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音樂: Good in Bed - Dua Lipa



Intro : 16 counts

Section 1 : SIDE, TOGETHER , SIDE, TOUCH POINT L , ROLLING VINE LEFT INTO CHASSE

1-2 R step to right side, step L together
3-4 R step to right side, touch L point
5-6 making a ¼ turn left FWD on LF, making a ½ turn left step back on RF
7&8 making a ¼ turn left step Lf to side, close Rf to Lf, step Lf to side

Section 2 : CROSS &HEEL &, CROSS & HEEL &, ¼ TURNING CROSS, BACK, SIDE, CROSS, SIDE, CROSS, SIDE, CROSS

1&2& Cross right over left, Step left to left side, Tap right heel forward, Step right next to left
3&4& Cross left over right, Step right to right side, Tap left heel forward, Step left next to right
5&6& Cross R over L, 1/8 turn stepping back L, 1/8 turn stepping R to R side, cross L over R
7&8& Step R to R side, Cross L behind R, Step R to R side, Cross L over R
(RESTART WALL 4 and 9)

Section 3 : R DOROTHY, L DOROTHY, ROCK RECOVER, BACK TOUCH, BACK TOUCH

1-2& Step right forward on right diagonal, Lock left behind right, Step forward on right
3-4& Step left forward on left diagonal, Lock right behind left, Step forward on left
5-6 Rock forward on right, Recover on left
&7 RF step R back, LF touch next to RF
&8 LF step L back, RF touch next to LF

Section 4 : HIP ROLL TOUCH R & L, SAILOR STEP R, SAILOR STEP L

1-2 Step R to R as you roll hip anti-clockwise, Tap L to L as you finish the hip roll
3-4 Step L to L as you roll hip clockwise, Tap R to R as you finish the hip roll
5&6 Step right behind left, Step left to left side, Step right in place
7&8 Step left behind right, Step right to right side, Step left in place

TAG : SEXY SHOULDERS AFTER 16 COUNTS ON WALL 9 AND AFTER TAG

1 Roll L shoulder in as R shoulder preps to roll in by moving backwards
2 Roll R shoulder in as L shoulder preps to roll in by moving backwards
3 Roll L shoulder in as R shoulder preps to roll in by moving backwards
4 Roll R shoulder in as L shoulder preps to roll in by moving backwards
