

Pour Oublier Tout

COPPERKNOB
STEPSHEETS

拍數: 96 牆數: 2 級數: Phrased Improver
編舞者: Stéphanie Bijon (FR) - February 2021
音樂: On t'emmène - Trois Cafés Gourmands



Intro :8 counts

Sequence : ABBC ABBC A32 Tag BBCC

PARTIE A : 48 counts

[1-8] -STEP FWD R, STEP FWD L, STEP FWD R, KICK L, BACK L, BACK R, BACK L, TOUCH R

1234 Step RF fwd (1), Step LF fwd (2), Step RF fwd (3), Kick LF (4) 12 :00

5678 Back LF (5), Back RF (6), Back LF (7), Touch RF next to LF (8)

[9-16] - VINE R, TOUCH L, VINE L ¼ TURN, TOUCH R

1234 Step RF to R side (1), Cross LF behind RF (2), Step RF side (3), Touch LF next to RF (4)

5678 Step LF to L side (5), Cross RF behind LF (6), ¼ turn L, LF fwd (7), Touch RF next to LF PD (8)09 :00

[17-24] - STEP R FWD DIAGONAL R, TOUCH L, STEP L FWD DIAGONAL L, TOUCH R, JAZZBOX CROSS R

1234 Step RF in R diagonal (1), Touch LF next to RF (2), Step LF in L diagonal (3), Touch RF next to LF (4)

5678 Cross RF in front of LF (5), Back LF (6), Step RF to R side (7), Crosser LF in front of RF (8)

[25-32] - STEP R SIDE, STEP L SIDE, STEP R SIDE, TOUCH L, STEP L SIDE, STEP R SIDE, ¼ TURN STEP L, TOUCH R

1234 Step RF to R side (1), Step LF next to RF (2), Step RF to R side (3), Touch LF next to RF (4)

5678 Step LF to L side (5), Step RF next to LF (6), ¼ turn L, LF fwd (7), Touch RF next to LF (8) 06 :00

[32-40] - ROCKING CHAIR R, STEP R ¼ TURN L

1234 Rock RF fwd (1), Recover LF (2), Back Rock RF(3), Recover LF (4)

5678 Step RF fwd (5), ¼ turn L (6), Step RF fwd (7), ¼ turn L (8)12 :00

[41-48] - ROCKING CHAIR R, STEP R ¼ TURN L

1234 Rock RF fwd (1), Recover LF (2), Back Rock RF (3), Recover LF (4)

5678 Step RF fwd (5), ¼ turn L (6), Step RF fwd (7), ¼ turn L (8) 06 :00

PARTIE B : 32 counts

[1-8] - SHUFFLE FWD R, ¼ TURN L, SHUFFLE FWD L, KICK BALL CHANGE R x2

1&2 Step RF fwd (1), Step LF next to RF (&), Step RF fwd (3)

3&4 ¼ turn L, Step LF fwd (3), Step RF next to LF (&), Step LF fwd (4) 03 :00

5&6 Kick RF fwd (5), Ball on RF next to L (&), Recover on LF (6)

7&8 Kick RF fwd (7), Ball on RF next to L(&), Recover on LF (8)

[9-16] - SHUFFLE FWD R, ¼ TURN L, SHUFFLE FWD L, KICK BALL CHANGE R x2

1&2 Step RF fwd (1), Step LF next to RF (&), Step RF fwd (3)

3&4 ¼ turn L, Step LF fwd (3), Step RF next to LF (&), Step LF fwd (4) 12 :00

5&6 Kick RF fwd (5), Ball on RF next to L (&), Recover on LF (6)

7&8 Kick RF fwd (7), Ball on RF next to L (&), Recover on LF (8)

[17-24] - SHUFFLE FWD R DIAGONAL x4

1&2 Step RF in R diagonal (1), Step LF next to RF (&), Step RF fwd (2)

3&4 Step LF in L diagonal (3), Step RF next to LF (&), Step LF fwd (3)

5&6 Step RF in R diagonal (5), Step LF next to RF (&), Step RF fwd (6)
7&8 Step LF in L diagonal (7), Step RF next to LF(&), Step LF fwd (8)

[25-32] - CROSS MAMBO R, SAILOR ¼ TURN L, POINT R ¼ TURN x2, POINT R 1/8 TURN

1&2 Cross RF in front of LF (1), Recover on LF (&), Step RF to R side (3)
3&4 Cross LF behind RF (3), ¼ turn L, Step RF to R side (&), Step LF to L side (4) 09 :00
5&6 ¼ turn L, Point RF to R side (5), ¼ turn L (&), Point RF to R side (6) 03 :00
&7&8 ¼ turn L (&), Point RF to R side (7), 1/8 turn L, Point RF to R side (&), 1/8 turn L, Point RF to R side (8) 12 :00

PARTIE C : 16 counts

[1-8] - STEP R FWD DIAGONAL, TOUCH L, BACK L, TOUCH R, BACK R DIAGONAL, TOUCH L, ¼ TURN L, TOUCH R

1234 Step RF in R diagonal with shimmy (1), Touch LF next to RF (2), Back LF with shimmy (3), Touch RF next to LF (4)
5678 Back RF in R diagonal with shimmy (5), Touch LF next to RF (6), ¼ turn L, LF fwd (7), Touch RF next to LF (8) 9:00

[9-16] - STEP R FWD DIAGONAL, TOUCH L, BACK L, TOUCH R, BACK R DIAGONAL, TOUCH L, ¼ TURN L, TOUCH R

1234 Step RF in R diagonal with shimmy (1), Touch LF next to RF (2), Back LF with shimmy (3), Touch RF next to LF (4)
5678 Back RF in R diagonal with shimmy (5), Touch LF next to RF (6), ¼ turn L, LF fwd (7), Touch RF next to LF (8) 6:00

TAG : 6counts : ROCKING CHAIR R, STOMP R, STOMP L

123456 Rock RF fwd (1), Recover on LF (2), Back Rock RF (3), Recover on LF (4), Stomp RF (5), Stomp LF (6)

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