

# Mambo #5

拍數: 48                      牆數: 4                      級數: Fun  
編舞者: Carol Cooper (CAN) - February 2021  
音樂: Mambo No. 5 (a Little Bit of...) - Lou Bega



## [1-8] LOCK STEP FORWARD/MAMBO FORWARD/LOCK STEP BACK/MAMBO BACK

1&2                      Step forward Right, Lock Left behind Right, Step forward Right  
3&4                      Rock forward Left, Rock back onto Right, Step Left beside Right,  
5&6                      Step back Right, Lock Left Across Right, Step back Right  
7&8                      Rock back Left, Rock forward Right, Step Left beside Right

## [9-16] SIDE TOGETHER/CHASSE RIGHT ¼ TURN/STEP ½ TURN/SHUFFLE

1-2                      Side step Right, Step left next to Right  
3&4                      Side step Right, Step Left next to Right, Side step Right making ¼ turn Right  
5-6                      Step forward Left Pivot ½ Turn Right  
7&8                      Shuffle forward Left-right-left.

## [17-24] MAMBO FWD/MAMBO BACK/STEP SIDE TOGETHER/SCISSORS

1&2                      Rock forward Right, Rock back onto Left, Step Right next to Left  
3&4                      Rock back Left, Rock forward Right, Step Left next to Right  
5-6                      Long Side Step Right, Step Left next to Right  
7&8                      Side step Right, step Left beside Right, Cross step Right across Left

## [25-32] TOE STRUTS/SCISSORS X2

1&2&                      Touch Left toe to Left side, Step heel down, Touch Right toe across Left, Step heel down  
3&4                      Side step Left, Step Right beside Left, Step Left Across Right.  
5&6&                      Touch Right toe to Right side, Step heel down, Touch Left toe across Right, Step heel down  
7&8                      Side step Right, Step Left beside Right, Step Right Across Left

## [33-40] ROCK RECOVER CROSS X2 / SHUFFLE/ STEP ½ TURN

1&2                      Rock side Left, Rock onto Right, Cross Left over Right  
3&4                      Rock side Right, Rock onto Left, Cross Right over Left  
5&6                      Shuffle forward, Left-Right-Left,  
7-8                      Step forward Right, Pivot ½ turn Left

## [41-48] MAMBO FWD/MAMBO BACK/SIDE-TOUCH/SCISSORS

1&2                      Rock forward Right, Rock back Left, Step Right beside Left,  
3&4                      Rock back Left, Rock forward Right, Step Left beside Right  
5-6                      Long Side step Right, Touch left Toe next to Right,  
7&8                      Side step Left, Step Right beside Left, Cross step Left over Right

**BEGIN AGAIN.....ENJOY!!!**