

Lolly Shuffle

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Laurie Jordan (USA) - December 2020
音樂: Think (feat. The Blues Brothers) - Aretha Franklin : (iTunes)



<https://music.apple.com/us/album/think-feat-the-blues-brothers/452584443?i=452584461> 129 BPM, 3:15
Duration

This is my second dance I have choreographed.
It can be danced to many songs, slower or faster. No tags or restarts.

Introduction: Wait 16 counts. When Aretha sings, "Think, think, think" Do hip bumps: right, left, double right, left, right, double left, then repeat for a total of 16 counts. Start dance with vocals.

(1-8) V Step, side step, shuffle

- 1-4 V step: Starting with right foot, step forward front diagonal, left steps front diagonal, right moves back to start, left moves back to start
- 5, 6, 7 & 8 Side step with shuffle to side: Right foot steps to right, left steps to right foot, then shuffle to right. Weight ends in right foot.

(You can turn on either the side step or the shuffle)

(9-16) V Step, side step, shuffle

- 1-4 V step: Starting with left foot, step forward front diagonal, right steps front diagonal, left moves back to start, right moves back to start
- 5, 6, 7 & 8 Side step with shuffle to side: Left foot steps to left, right steps to left foot, then shuffle to left. Weight ends in left foot.

(You can turn on either the side step or the shuffle)

(17-24) Kick ball changes, hip bumps

- 1 & 2, 3 & 4 Kick right foot, step back on right foot and shift weight onto left. Repeat.
- 5 & 6, 7 & 8 Double hip bump to right, double hip bump to left (Or 2 big hip rolls). Weight ends on left.

(25-32) Walk, walk, shuffle, Walk, 1/4 turn, shuffle

- 1, 2, 3 & 4 Walk front 2 steps starting with right foot, left foot, then shuffle front. Weight ends in right foot
- 5, 6, 7 & 8 Walk front with left foot, 1/4 turn to right with right foot, then shuffle forward to new wall. End with weight on left.