

Ones You Miss

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - February 2021
音樂: Ones You Miss - R3HAB : (iTunes / Spotify)



(Intro: 16 counts)

[S1] 2x Point-Back, Monterey 1/4R

1 2 Point R toe to the side, Step back on R
3 4 Point L toe to the side, Step back on L
5 6 Touch R toe out to right side, Make ¼ turn right stepping R beside L (3:00)
7 8 Touch L out to left side, Touch L beside R

[S2] Point-Hitch-Side, Sailor 1/4L-Fwd, Step-Pivot 1/2L-Fwd

1 2 3 Point R toe to the side, Hitch R knee close to L, Step R to the side
4&5 Make a ¼ turn left stepping L behind R, Step R next to L, Step forward on L (12:00)
6 7 8 Step forward on R, Make a ½ turn left recover weight on L, Step forward on R (6:00)

[S3] Box 1/4L, Step-Pivot 1/4R, Step-Pivot 1/2R

1 2 Cross L over R, Make a ¼ turn left stepping back on R (3:00)
3 4 Step L to the side, Step forward on R
5 6 Step forward on L, Make a ¼ turn right recover weight on R (6:00)
7 8 Step forward on L, Make a ½ turn right recover weight on R (12:00)

[S4] 2x Rock-Recover 1/4L, Rock-Recover 1/2L, Triple Step

1 2 Rock forward on L, Recover weight on R whilst making a ¼ turn left (9:00)
3 4 Rock forward on L, Recover weight on R whilst making a ¼ turn left (6:00)
5 6 Rock forward on L, Recover weight on R whilst making a ½ turn left (12:00)
7&8 Triple step on the spot L-R-L**

[S5] 2x Diagonal Hop-Touch-Hip-Hip

&1 Step/hop diagonally forward on R, Touch L next to R
&2 Step/hop diagonally forward on L, Touch R next to L
3 4 Step R to the side and sway hips to the right, Sway hips to the left
&5 Step/hop diagonally forward on R, Touch L next to R
&6 Step/hop diagonally forward on L, Touch R next to L
7 8 Step R to the side and sway hips to the right, Sway hips to the left

[S6] 1/4R Shuffle Fwd, Step-Pivot 1/2R, Step-Lock-Step, Step-Pivot 1/2L

1&2 Make a ¼ turn right shuffle forward on R-L-R (3:00)
3 4 Step forward on L, Make a ½ turn right recover weight on R (9:00)
5&6 Step forward on L, Lock R behind L, Step forward on L
7 8 Step forward on L, Make a ½ turn right recover weight on R (3:00)

[S7] Fwd Rock, Back-Sweep, Toe Strut, Back-Sweep

1 2 Rock forward on R, Recover weight on L
3 4 Step back on R, Sweeping L around R
5 6 Touch L toe back, Drop L heel down
7 8 Step back on R, Sweeping L around R

[S8] Back Rock, 1/2R-1/2R-1/4R-Together, Anchor Step

1 2 Rock back on L, Recover weight on R

3 4 Make a ½ turn right stepping back on L, Make a ½ turn right stepping forward on R
5 6 Make a ¼ turn right stepping L to the side, Step R together (6:00)
7&8 Cross L over R, Rock R behind L, Recover weight on L

Restart: On Wall 2 count 32 (6:00)**

Ending suggestion: The last wall starts at 6:00, dance up to count 30 (6:00), then triple turn 1/2L to the front.

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 17/Feb/21)**
