Country In Me

拍數: 32

級數: Beginner

編舞者: Yvonne Krause (USA) - February 2021

音樂: Country In Me - Lauren Alaina

#16 Count Intro: No Tags, No Restarts

[1-8] MAMBO FORWARD, SWEEP SWEEP, COASTER STEP, WALK WALK

- 1&2 Rock forward on right, step back on left, step right next to left.
- 3-4 Sweep left foot front to back, sweep right foot front to back
- 5&6 Step back on left, step right next to left, step forward on left.
- 7-8 Walk forward right, left.

[9-16] PIVOT ¼ LEFT, SCISSOR STEP, SIDE ROCK RECOVER, BEHIND SIDE CROSS

- Step forward on right, pivot a 1/4 left stepping forward on right. (9:00) 1&2
- 3&4 Rock left to left side, recover onto right, cross left over right.
- 5-6 Rock right to side, recover onto left.
- 7&8 Step right behind left, step left to left side, cross right over left.

[17-24] FORWARD RUMBA BOX W/SHUFFLES

- 1-2 Step left to left side, step right next to left.
- 3&4 Shuffle forward by stepping left, right, left.
- 5-6 Step right to right side, step left next to right.
- 7&8 Shuffle backward by stepping right, left, right.

[25-32] SHUFFLE W/1/2 TURN LEFT, SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP

- Shuffle making ½ turn left by stepping left, right, left. (3:00) 1&2
- 3&4 Shuffle forward by stepping right, left, right.
- 5-6 Rock forward on left, recover onto right.
- 7&8 Step back on left, step right next to left, step forward on left.

May You Always Dance Like No One Is Watching

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Last Update - 19 Feb. 2021





牆數: 4