

H'lucinate

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Shelli Blake (USA) - February 2021
音樂: Hallucinate - Dua Lipa : (Album: Future Nostalgia)



Dance starts after 16 count intro

½ Monterey Turn

1-4 Start with weight on L foot, tap R foot to R side, (1), pivot ½ turn R on ball of L foot, stepping down on R foot (2), tap L toe to L side, (3), step down L foot next to R foot, (4) (should be facing 6:00 wall now)

Heel & Heel & Step, Brush

5&6&7-8 Step R heel forward, (5), step R heel back next to L foot (&), step L heel forward (6), step L heel back next to R foot (&), step forward on R foot, (7), brush L foot forward (8)

Rock, Recover, Shuffle ½ Turn L

9-10-11&12 Rock forward on L foot (9), recover on R foot, (10), shuffle ½ turn L, (back over L shoulder), (11&12) (weight is on L foot) (should be facing 12:00 wall now)

Step, Hold, & Step Together, Step, Touch

13-14&15-16 Step R foot to R side, (13), hold, (14), step L foot next to R foot, (&), step R foot to R side, (15), touch L toe next to R foot (16)

Step ¼ Turn L, Step Together R, Heel Swivel R, Return

17-18-19-20 Step L foot into ¼ turn L, (17), step forward R foot next to L foot, (18), swivel both heels to R side, (19), return, (20), (should be facing 9:00 wall now)

Step Forward L, Step Together R, Heel Swivel L, Return

21-22-23-24 Step L foot forward, (21), step R foot next to L foot, (22), swivel both heels to L side, (23), return (24), (weight ends on L foot)

Step Forward R, Pivot ½ Turn L, Pivot Full Turn L, Step

25-26-27-28 Step forward on R foot, (25), pivot ½ turn L, (26), (weight is on L foot), step forward on R foot, into pivot full turn L, on ball of R foot, (27), step forward on L foot, (28) (should be facing 3:00 wall now)

Rock Forward R, Recover, Rock Back R, Recover

29-30-31-32 Rock forward on R foot, (29), recover, (30), Rock back on R foot, (31), recover, (32) (weight ends on L foot)

START DANCE AGAIN

Restart: On wall 6 (3:00 wall),
There is a Restart after count 16, make sure weight ends on L foot to start dance again.

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