

15 Minutes

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Absolute Beginner
編舞者: Marla Brandon (USA) - February 2021
音樂: 15 Minutes - Rodney Atkins



Heel, Hook, Heel, R and L

- 1, 2, 3, 4 Hit R heel, then hook the right leg over the left, then hit R heel and step back down next to left.
5, 6, 7, 8 Hit L heel, then hook the left leg over the right, then hit L heel and step back down next to right.

K Step

- 1, 2 Step R to front corner, step L next to R
3, 4 Step L back to start, step R next to L
5, 6 Step R to back corner, step L next to R
7, 8 Step L back to start, step R next to L

Vine R and L

- 1, 2, 3, 4 Step R, step L behind R, step R, tap L in
5, 6, 7, 8 Step L, step R behind L, step L, tap R in

Monterey 2X to R

- 1& 2 Tap R foot to side, ¼ turn to R while pulling in leg
3&4 Tap L foot to side and bring in
5&6 Tap R foot to side, ¼ turn to R while pulling in leg
7&8 Tap L foot to side and bring in

This is a very easy song that's lots of fun. Great for warm-ups and beginners alike.
If any questions or comments please feel free to contact me at marla_brandon@att.net