

La Grosera

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Noey Nurasiah (INA) - February 2021
音樂: La Grosera - Mau y Ricky



Dance starts on Vocal

I. DIAGONAL LOCK STEP R-L, DIAGONAL LOCK SHUFFLE R - L

1 2 Step R diagonal forward (1) , Lock L behind R(2),
3&4 Step R Diagonal Forward (3), Lock L behind R (&), Step RF diagonal forward(4)
5 6 Step L diagonal forward (5), Lock R behind L(6)
7&8 Step L diagonal forward (7), Lock R behind L (&), Step L diagonal forward(8)

II. SIDE TOUCH, DRAG, SHUFFLE, HITCH, SIDE TOUCH

1&2 Touch R to side(1), Touch R beside L (&), Drag R slightly to side follow by L (2)
3&4 Step R to side (3), Step L beside R (&), Make ¼ Turn L step L forward (4)
5&6 Step R forward (5), Make 1/2 Turn L weight body on L (&), Hitch R (6)
7 8 Touch R to side (7), Touch R beside L (8)

III. SAMBA WHISK R -L, KICK BALL SIDE TOUCH R - L

1&2 Step R to side (1), Step L behind R(&), R in place (2)
3&4 Step L to side (3), Step R behind L (&) L in place (4)
5&6 kick R forward (5), Step R next to L(&), Touch L to side (2)
7&8 Kick L forward (6), Step L next to R(&), Touch R to side (8)

IV. ANCHOR STEP, 3/4 CHUG R

1&2 Step R slightly behind L (3rd position) (1), Recover on L (&), Recover on R (2)
3&4 Step L slightly behind R (3rd position) (2), Recover on R (&), Recover on L (4)
5 6 Make 1/4 turn L chug R to side (5), 1/4 Turn L Chug R (6)
7 8 1/4 Turn L chug R (7), Touch R beside L (8)

*Restart on wall 4 after 8 counts

Let's dance with Heart

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