

Hallelujah

COPPER **KNOB**
BY STEPHEN

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Marc Mitchell (CAN) - February 2021
音樂: Hallelujah (The Voice Performance) - Matthew Schuler



(Tribute to Leonard Cohen)

Intro: 8 counts - Direction: CCW

SWAY L, SWAY R, BALL STEP, SWAY R, SWAY L, SWAY R, SWAY L, BALL STEP, SWAY L SWAY R

1-2& Sway hip to left, sway hip to right, step left ball to right
3-4 Sway hip to right, sway hip to left
5-6& Sway hip to right, sway hip to left, step right ball to left
7-8 Sway hip to left, sway hip to right

CROSS ROCK L, RECOVER R, SIDE SHUFFLE 1/4 TURN L, SWEEP R FORWARD, RECOVER L, SWEEP R BACK, SWEEP L BACK

1-2 Cross left over right, recover on right
3&4 Step left forward 1/4 turn left, step right together, step left forward
5-6 Sweep right forward, recover left
7-8 Wide sweep right back, wide sweep left back

SWAY R, SWAY L, BALL STEP, SWAY L, SWAY R, SWAY L, SWAY R, BALL STEP, SWAY R, SWAY L

1-2& Sway hip to right, sway hip to left, step right ball to left
3-4 Sway hip to left, sway hip to right
5-6& Sway hip to left, sway hip to right, step left ball to right
7-8 Sway hip to right, sway hip to left

CROSS ROCK, RECOVER L, FULL TURN R, STEP L FORWARD, STEP R FORWARD 1/2 TURN R, BALL STEP, TOUCH L TOGETHER, HOLD

1-2 Cross right over left, recover on left
3&4 Full turn right-left-right
5-6& Step left forward, step right forward 1/2 turn right, step left forward
7-8 Touch right behind left heel, hold

SWAY R, SWAY L, BALL STEP, SWAY L, SWAY R, SWAY L, SWAY R, BALL STEP, STEP R FORWARD 1/4 TURN R, HOLD

1-2& Sway hip to right, sway hip to left, step right ball to left
3-4 Sway hip to left, sway hip to right
5-6& Sway hip to left, sway hip to right, step left ball to right
7-8 Step right forward 1/4 turn right, hold

SWEEP L FORWARD, RECOVER R, SHUFFLE L FORWARD 1/2 TURN L, ROCK R FORWARD, RECOVER L, STEP R SIDE, STEP L BEHIND, STEP R SIDE, CROSS L OVER R

1-2 Sweep left forward, recover on right
3&4 Step left forward 1/2 turn left, step right together, step left forward
5-6 Step right forward, recover on left
7&a8 Step right to side, step left behind, step right to side, cross left over right

STEP R FORWARD DIAGONAL ARMS EXTENDED SKY, HOLD, RECOVER L CROSS WRISTS CHEST HIGH, HOLD, STEP R BEHIND ARMS EXTENDED DOWNWARD, HOLD, STEP L 1/4 TURN L, STEP R FORWARD

- 1-2 Step right forward diagonal (with right knee slightly bent, left pointing back, arms extended to the sky with palms up, eyes looking up), hold
- 3-4 Recover weight on left (heel right foot, arms crossing in X on chest with palms facing up and eyes looking into the palms), hold
- 5-6 Cross right behind left (arms extended to the ground on left side, eyes looking down), hold
- 7-8 Step left forward 1/4 turn left, step right forward

***ENDING: Wall 5, after 16 counts: step right side 1/4 turn right, arms extended with attitude, head looking up**

***WALL SEQUENCE: 12,9,6,3,12**

www.dancewithmarc.com marc@dancewithmarc.com
