

Dashboard

拍數: 32 牆數: 4 級數: Improver
編舞者: Silvia Schill (DE) - February 2021
音樂: Dashboard Jesus - Carly Pearce



The dance begins with the vocals

S1: Figure of 8 vine l turning ¼ r

- 1-2 Step to the left with LF - cross RF behind LF
- 3-4 ¼ turn left around and step forward with LF - step forward with RF (9 o'clock)
- 5-6 ½ turn left around on both balls, weight at the end left - ¼ turn left around and step to the right with RF (12 o'clock)
- 7-8 Cross LF behind RF - ¼ turn around right and step forward with RF (3 o'clock)

Restart: In the 5th round - direction 3 o'clock - stop here and start again

S2: Rock forward, back, point l + r, rock back

- 1-2 Step forward with LF - weight back on RF
- 3-4 Step backward with LF - tap right toe to right side
- 5-6 Step backward with RF - tap left toe to left side
- 7-8 Step backward with LF - weight back on RF

S3: Rocking chair, step, pivot ½ r, step, ½ turn r/kick

- 1-2 Step forward with LF - weight back on RF
- 3-4 Step backward with LF - weight back on RF
- 5-6 Step forward with LF - ½ turn right around on both balls, weight at the end right (9 o'clock)
- 7-8 Step forward with LF - ½ turn right around on left ball/kick RF forward (3 o'clock)

S4: Back, hook, step, brush, jazz box with touch

- 1-2 Step back with RF - lift LF and cross in front of right shin
- 3-4 Step forward LF - swing RF forward
- 5-6 Cross RF over left - step backward with LF
- 7-8 Step to right with RF - tap LF next to RF

Repeat until the end

And don't forget to smile, because dancing is fun!

There is no guarantee for errors in the translation, content, spelling, etc.!

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