

My Melody

COPPERKNOB
STEPPERS

拍數: 72 牆數: 2 級數: Intermediate
編舞者: Claudia Arndt (DE) - January 2021
音樂: The Melody - George Canyon



Start: Dance begins with singing

Section 1 - 2x Heel Strut (r,l), Step forward (r), Recover, Toe Strut back

1-2 Tap RF heel at the front, strain RF completely
3-4 Tap LF heel at the front, strain RF completely
5-6 RF step forward, weight back on left,
7-8 Tap RF foot tip at the back, lower RF heel

Section 2 - 2x Toe Strut back (l,r), Side, Recover, Close,

1-2 Tap LF foot tip at the back, lower RF heel
3-4 Tap RF foot tip at the back, lower RF heel
5-6 LF step to the left, weight back on RF,
7-8 LF next to RF,

Section 3 - 2x ¼ Monterey Turn, Rock Forward (r), Recover, Rock back (l), Recover,

1&2 RF taps to the right with ¼ rotation to the right, RF next to the LF, LF taps to the left, LF next to the RF,
3&4 RF taps to the right with ¼ rotation to the right, RF next to the LF, LF taps to the left, LF next to the RF,
5&6 RF step forward, weight back on LF, RF next to the LF,
7&8 LF step backwards, weight back on RF, LF next to the RF,

Section 4 - Rumba Box, Chasse , ¼ Turn Sailor Step

1&2 RF Step to the right - LF next to the RF - RF step forward,
3&4 LF Step to the left - RF next to the left - LF step back,
5&6 RF step to the right - LF next to the RF - RF step to the right,
7&8 1/4 Left turn and LF cross behind RF - RF to the right/weight right - LF step before weight left

Section 5 - Rumba Box, Chasse , ¼ Turn Sailor Step

1&2 RF Step to the right - LF next to the RF - RF step forward,
3&4 LF Step to the left - RF next to the left - LF step back,
5&6 RF step to the right - LF next to the RF - RF step to the right,
7&8 1/4 Left turn and LF cross behind RF - RF to the right/weight right - LF step before weight left

Tag : In the 2. wall after 40 counts / Restart at 06:00 o'clock

Section 6 - 2 x Locking Shuffle, Point forward (r), Point back (r), Point forward (r), Beside

1&2 RF step forward - LF crosses behind RF, RF step forward,
3&4 LF step forward - RF crosses behind LF, LF step forward,
5 RF tip at the front,
6 RF tip at the back,
7-8 RF tip at the front, turn RF next to LF,

Section 7 - Side Rock, Cross (r), Side Rock, Cross (l), Side Rock, Cross (r), Side, Cross, Side, Cross

1&2 RF step to the right, weight back on LF, RF cross over LF,
3&4 LF step to the left, weight back on RF, LF cross over RF,
5&6 RF step to the right, weight back on LF, RF cross over LF,
&7 LF step to the left, cross RF over LF,

&8 LF step to the left, cross RF over LF,

Section 8 - Step Side, Together, Step back, Rumba Box back, Step $\frac{3}{4}$ Turn

1&2 LF step to the left, RF next to the LF, LF step back,
3&4 RF step to the right, LF next to the RF, RF step back,
5&6 LF step to the left, RF next to the LF, LF step forward,
7&8 RF step forward with $\frac{1}{4}$ turn to the left, Weight on LF, continue with $\frac{1}{2}$ turn left, turn RF next to LF,

Section 9 - Shuffle forward (l), Step $\frac{3}{4}$ Turn (l), Step forward (l), Full Turn (l), Beside

1&2 LF Step forward - RF next to the LF - LF step forward,
3&4 RF step forward with $\frac{1}{4}$ turn to the left, Weight on LF, continue with $\frac{1}{2}$ turn left, turn RF next to LF,
5 LF Step forward,
6&7 RF Step forward with full turn left, weight on RF
8 LF next to the RF,

Tag 1: In the 2nd wall after 40 counts at 6:00 o'clock

Tag 2: At the end of the 4th wall on 6:00 o'clock

Restart: In the 2nd wall after the 1. Tag at 6:00 o'clock

Tag:

Rock forward, Recover, Shuffle back, Rock back, Recover, Shuffle forward, Together

1-2 RF step forward, weight back on LF,
3&4 RF Step backwards - LF next to RF - RF step backwards,
5-6 LF step backwards, weight back on RF,
7&8 LF Step forward - RF next to LF - LF step forward,
& RF to LF

Have fun dancing, and always smiling nicely.

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