

Bust Your Windows

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Christy Kam (USA) - February 2021
音樂: Bust Your Windows - Jazmine Sullivan



***4 Count intro, start with the lyrics**

Section 1 - Prep R, forward rock, cha cha back, drag to the R, shuffle R.

1 Step right foot to the right side
2,3 Left foot steps forward, replace weight to right foot
4&5 Left foot steps back, right foot steps forward and across left, left foot steps back
6-7 Step to the right on a bend leg, slowly straighten right leg
8&1 Left foot steps forward and across the right, right foot side, left steps forward and across the right

Section 2 - Hip roll, vine with ¼ left, hitch, 3 backward steps

2-3 Right foot to right and circle hips clockwise
4&5 Right steps behind and across, left to side, ¼ left as right foot steps forward to face 9:00
6 Hitch left leg
7,8,1 Step back on left, right, left (can do batucadas for extra flair)

Section 3 - Flick, 1/8 L cross, side break, ¼ left cha cha forward, forward rock and step back

2, 3 Flick right leg across left and stop onto it
4&5 Step left to 7:30 completing 1/8 turn left, side on right, return weight to left foot
6&7 Quarter turn left to face 4:30 and step right forward, left steps behind right, forward on right foot
8&1 Left foot steps forward, return weight to right, left foot steps back

Section 4 - ¼ left turning box, cha cha forward, flick, hip roll

2&3 Right foot steps back, ¼ left and step foot to left, right foot steps forward to 1:30
4&5 Left steps forward, right steps behind left, left steps forward
6 Flick right foot behind
7-8 Roll hips clockwise

Restarts: Dance 4 times, then do tag

Tag: Side tap x 3, then side hitch

1,2 Step right to right side, tap left foot to right foot
3,4 Step left to left side, tap right foot to left foot
5,6 Step right to right side, tap left foot to right foot
7,8 Step left to left side, bring right foot to figure four for hitch

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